

Tanak Kampung

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Easy Intermediate
編舞者: GS Ang (MY) & BM Leong (MY) - March 2013
音樂: Tanak Kampung by Jimmy Pallikat



Sequence - SOD: AA/BB/A/BB/AAA/BB/AA
Start the dance on vocal after 32 counts.

(This dance is dedicated to my long-time friends from Sabah - Marianna Geoffrey, Silia Laurince and other members of the D'Angels Dance Group of Kota Kinabalu.)

SECTION A - 32 counts

JAZZ BOX-CROSS, RIGHT LINDY

- 1-2 Cross right over left, recover onto left
- 3-4 Step right to right side, cross left over right
- 5&6 Cha cha to right side on RLR
- 7-8 Cross left behind right, recover onto right

LEFT VINE, LEFT & RIGHT SUMAZAU

- 1-2 Step left to left side, cross right behind left
- 3-4 Step left to left side, cross right over left
- 5&6 Step left to left side, bounce heels up, bounce heels down
- 7&8 Step right to right side, bounce heels up, bounce heels down

(For counts 5-8, swing both hands forward and back)

ROCKING CHAIR 1/4 TURN RIGHT, RIGHT & LEFT DIAGONAL FORWARD CHA CHA

- 1-2 Rock right forward, recover onto left
- 3-4 Turning 1/4 right rock right back, recover onto left
- 5&6 Along right diagonal, cha cha forward on RLR with hand rolls
- 7&8 Along left diagonal, cha cha forward on LRL with hand rolls

BACK & FORWARD CHA CHA BASICS

- 1-2 Rock right forward, recover onto left
- 3&4 Cha cha backward on RLR
- 5-6 Rock left back, recover onto right
- 7&8 Cha cha forward on LRL

SECTION B - 32 counts

STEP-BOUNCE-BOUNCE, BACK-BOUNCE-BOUNCE, SIDE-TOGETHER X 3, SIDE

- 1&2 Step right forward, step left together bouncing heels up, bounce heels down
- 3&4 Step left back, step right together bouncing heels up, bounce heels down
- 5&6& On balls of feet step right to right side, step left together, step right to right side, step left together
- 7&8 Step right to right side, step left together, step right to right side

(Styling: Counts 1-4 Swing both hands forward and back / Counts 5-8 With both arms stretched out sideways in a slant position, move wrists up and down twice)

STEP-BOUNCE-BOUNCE, BACK-BOUNCE-BOUNCE, SIDE-TOGETHER X 3, SIDE

- 1&2 Step left forward, step right together bouncing heels up, bounce heels down
- 3&4 Step right back, step left together bouncing heels up, bounce heels down
- 5&6& On balls of feet step left to left side, step right together, step left to left side, step right together
- 7&8 Step left to left side, step right together, step left to left side

(Styling: Counts 1-4 Swing both hands forward and back / Counts 5-8 With both arms stretched out sideways in a slant position, move wrists up and down twice)

RIGHT ROLLING VINE, TOUCH, LEFT & RIGHT SUMAZAU

1-4 Right rolling vine on RLR, touch left together
5&6 Step left to left side, bounce heels up, bounce heels down
7&8 Step right to right side, bounce heels up, bounce heels down

(For counts 5-8 swing both hands forward and back)

3/4 TURN LEFT, BACK, TOUCH, RIGHT & LEFT SUMAZAU

1-2 Turning 1/4 left step left forward, turning 1/2 left step right back
3-4 Step left back, touch right together
5&6 Step right to right side, bounce heels up, bounce heels down
7&8 Step left to left side, bounce heels up, bounce heels down

(For counts 5-8 swing both hands forward and back)

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