Song of My Heart

級數: Improver

編舞者: Nicky Tan (MY) - March 2013

音樂: You Are The Song In My Heart (你是我心內的一首歌) (feat. Selina) - Wang Leehom (王力宏)

Dance starts after first 16 counts.

Section 1 : R Step, Rock Forward, Recover, L Back Cha Cha , Rock Back, Recover, R Forward Cha Cha

- 1,2,3 Step RF forward, Rock LF forward, Recover on RF
- 4&5 Back Cha Cha on LR, RF, LF
- 6,7 Rock RF back, Recover on LF
- 8&1 Forward Cha Cha on RF, LF, RF (12:00)

Section 2 : Point, Turn 1/4 L & Step Point, R Rock Recover, Turn 1/2 R Step, Forward

- 2 Touch LF to side
- 3,4 Turn ¼ L & Step LF in place, Touch RF to side (9:00)
- 5,6 Rock RF forward, Recover on LF
- 7,8 Turn ½ R & Step RF forward, Step LF forward (3:00)

Section 3 : R Step Diagonally Forward, Touch, L Step Diagonally Back, Touch, ¼ Turn Paddle twice

- 1,2 Step RF diagonally forward, Touch LF beside RF
- 3,4 Step LF diagonally back, Touch RF beside LF
- 5,6 Step RF forward, Turn ¼ L weight on LF
- 7,8 Repeat Steps 5,6 (9:00)

4 count Short Tag : Rocking Chair

After every wall Except for After Wall 3, 7 & 9

1-4 Rock RF forward, Recover on LF, Rock RF back, Recover on LF

8 count Long Tag : Rocking Chair

After Wall 3 (3:00), Wall 7 (3:00) & Wall 9 (9:00)

- 1-4 Rock RF forward, Recover on LF, Rock RF back, Recover on LF
- 5-8 Repeat Steps 1-4

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拍數: 24

牆數:4