Nothing to Cry for

級數: Easy Intermediate - waltz

編舞者: Francien Sittrop (NL) - March 2013

音樂: Nothing At All - Trijntje Oosterhuis : (Album: Wrecks We Adore)

Altern. Music: Reba Mcentire - Cry

拍數: 48

Intro: Start after 24 Counts from the beginning ,on Vocals

[1-6] Twinkles x2

1 - 3Step L across R, Rock R to R side, Recover on L4 - 6Step R across L, Rock L to L side, Recover on R

[7-12] Twinkle 1/2 L , Cross Rock Recover

- 1 3 Step L across R, ¼ Turn L step R back, ¼ Turn L step L to L side (06.00)
- 4 6 Cross Rock R over L, Recover on L, Step R to R side

[13-18] Vine R, $\frac{1}{4}$ R, Step Fwd, Pivot $\frac{1}{2}$ R

- 1 3 Step L across R, Step R to R side, Step L behind R
- 4 6 ¹/₄ R step R fwd, Step L fwd, Pivot ¹/₂ Turn R (Weight ends on R) (03.00)

[19-24] Step Fwd, Full Turn L , Walks Diagonally fwd

- 1 3 Step L Diagonally L fwd, ¹/₂ Turn L step R back, ¹/₂ Turn L step L fwd (13.30)
- 4 6 Walk Diagonally L fwd with R, L , R (13.30)

[25-30] Mambo Step, Coaster Step 1/4 L

- 1 3 Rock L fwd, Recover on R, Step L back
- 4 6 Step R back, Step L next to R, ¼ Turn L step R fwd (11.30)

[31-36] Step Diag. L fwd, Kick fwd x2Coaster Step 1/8 R

- 1 3 Step L Diagonally L fwd , Kick R twice (11.30)
- 4 6 Step R back , Step L next to R (turn back to the 12 O 'Clock Wall), Step R fwd

[37-48] Basic Steps Diamond Shape

- 1 3 Basic Steps Fwd L,R,L (Facing 12.00)
- 4 6 Step Diag Back Right on R ,Turning to Face 1/8 L, Step L next to R, Step R next to L (facing9.00)
- 1 3 Step Diag Fwd Left on L, Turning to Face 1/8 L , Step R next to L, Step L next to R (Facing 6.00)
- 4 6 Step Diag Back Right on R,Turning to Face 1/8 L, Step L next to R, Step R next to L(Facing 3.00)

Start Again

When using the Reba Mcentire track there is one Restart during wall 5 after count 42, start again with count 1

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牆數:4