No Matter What (J.C)



拍數: 64 牆數: 4 級數: Intermediate / Advanced

編舞者: Judith Campbell (NZ) - December 1998

音樂: No Matter What - Boyzone: (Album: No Matter What - single - or By Request)



Intro: 32

HIP SWAYS - SHUFFLE - ROCK BACK - 1/2 PIVOTS:

&1 - 2	Step R ft to R side swaving	hine R then I
OXI-Z	SIED IN IL IO IN SIDE SWAVIIIO	THUS IN LITELL L.

3 & 4 Shuffle to R side (RLR).

5 - 6 Rock back on L ft, rock fwd onto R ft.
7 - 8 Step Fwd on L ft. 1/2 pivot to R.

HIP SWAYS - SHUFFLE - ROCK BACK - 1/2PIVOT:

1 – 2	Sten I ft to I	side swavi	na hips L then R
1 - 2		SIUC SWAVI	10 11109 F (11C1117

3 & 4 Shuffle to L side (LRL)

5 – 6 Rock back on R ft, rock fwd onto L ft,

7 – 8 Step Fwd on R ft, 1/2 Pivot to L.

SYNCOPATED SAILOR SHUFFLES:

1 & 2	Step R ft behind L, step L to L, step R slightly to R,
3 & 4	Step L ft behind R, step R to R, step L slightly to L,

5 & 6 & Step R behind L, step L to L, step R to R, step L behind R,

7 & 8 Step R to R, step L to L, step R ft in front of L ft.

STEP DRAG - HOLD - TOGETHER STEP TOGETHER:

1 – 2 Take a big step back on the diagonal 45 on L ft (the R ft will drag towards L slightly) Hold.

& Step the R ft next to L ft on the count.

3 – 4 Step back 45 on L again, step R ft next to L (taking the weight onto R ft).

STEP ACROSS - 3 COUNT MONTEREY:

1 – 2 Step L ft across in front of R, tap /touch R ft to R side.

3 – 4 Turning 1/2 R on the ball of L ft (pulling R ft into Lft), tap/touch L ft to L.

CROSS TAPS (twice) - ROCK RECOVER - CROSS UNWIND:

1 – 2	Cross L over R, tap/touch R ft to R 45,
3 – 4	Cross R over L tap/touch L ft to L 45

5 (stepping fwd slightly on the 45 deg.L angle) rock over onto L ft (keeping R ft in place)

6 Recover back onto R ft (taking the weight onto R ft)

7 Cross L over R instep, on ball ft,

B Unwind a 1/2 to R (transferring weight onto L ft.)

CROSS TAPS (twice) - ROCK RECOVER - CROSS UNWIND:

1 – 2 Cross R over L, tap/touch L ft to L 45, 3 – 4 Cross L over R, tap/touch R ft to R 45,

5 (stepping fwd slightly on the 45 deg. R angle) rock over onto R ft (keeping L ft in place)

6 – 7 Recover back onto L ft (taking the weight onto R ft), cross R over L instep, on ball of foot.

8 Unwind a 1/2 to L (transferring weight onto R ft.)

MOON WALKS with a HOLD - MOON WALKS WITH KNEES - COASTER:

& Slide the L ft backwards along the floor on ball of ft lifting up heel of R ft

1-2 Lower L heel to floor, Hold.

& 3 – 4 Slide the R ft back along the floor on ball of ft, Lower heel, Hold.

(alternative step for moon walk is just do 2 walks back with a hold after each walk)

- 5 6 Repeat the 2 moon walks L, R with out the hold counts, (using Elvis Knees if you wish).
- 7 & 8 Step L ft back, bring R ft next to L, Step fwd on L ft, (coaster Step)

1/4 TURN & SHUFFLE - 1/2 TURN & SHUFFLE - STEP - HOLD - DOUBLE HEELS with L Ft:

- & Picking up R ft off the floor turn 1/4 to L on ball of L ft.
- 1 & 2 Shuffle fwd on R ft (RLR)
- & Picking up L ft off the floor turn 1/2 to R on ball of R ft,
- 3 & 4 Shuffle fwd on L ft (LRL),
- 5 6 *Step R to R side (taking R arm out to R side 45 deg. looking to R). Hold
- 7 8 2 heel beats/taps on L ft (looking to L).

On the 5th wall the music slows down on the (Moon Walks to the end of 2 heel beats then goes back to normal speed), then the dance finishes on * Step R ft to R - looking down to R hand as you take R arm out to R 45 deg. (no heel taps)

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