She Believes in Me

級數: Easy Intermediate

編舞者: Vera Kuiper (NL) - April 2013

音樂: She Believes in Me - Dobby Dobson

Start on vocal

1

Mambo forward, Mambo back, Shuffle, Step, Pivot 1/2 turn right, Step.

RF rock forward

拍數: 64

- & Recover on LF
- 2 RF step backwards
- 3 LF rock backwards
- & Recover on RF
- 4 LF step forward
- 5 RF step forward
- & LF step next to RF
- 6 RF step forward
- 7 LF step forward
- & LF + RF ¼ turn right
- 8 LF step forward

Cross mambo right, Cross mambo left, Mambo forward, shuffle 1/2 turn left

- RF rock over LF 1
- Recover on LF &
- 2 RF step to the side
- 3 LF rock over RF
- & Recover on RF
- 4 LF step to the side
- 5 RF rock forward
- & Recover on LF
- 6 RF step backwards
- 7 LF 1/4 turn left step to the side
- & RF step next to LF
- 8 LF 1/4 turn left step forward

Sailor step, Sailor step 1/4 turn left, Cross & Cross, Side mambo.

- 1 RF cross behind LF
- & LF step to the side
- 2 RF step to the side
- 3 LF 1/4 turn left step cross behind
- & RF step to the side
- 4 LF step to the side
- 5 RF cross over LF
- & LF step to the side
- 6 RF cross over LF
- 7 LF rock to the side
- & Recover on RF
- 8 LF step next to RF

Side mambo, mambo forward left, Mambo forward right, Shuffle 1/2 turn left.

- RF rock to the side 1
- & Recover on LF





牆數: 4

2	RF step next to LF	
3	LF rock forward	
&	Recover on RF	
4	LF step backwards	
5	RF rock forward	
&	Recover on LF	
6	RF step backwards	
7	LF ¼ turn left step to the side	
&	RF step next to LF	
8	LF 1/4 turn left step forward	
Shuffle ½ turn left, ¼ turn sailor step left, Shuffle, Coaster step. Forward.		
1	RF ¼ turn left step to the side	
&	LF step next to RF	
2	RF ¼ turn left step forward	
3	LF ¼ turn left cross behind	
&	RF step to the side	
4	LF step to the side	
5	RF step forward	
&	LF step next to RF	
∝ 6	RF step forward	
7	LF step forward	
&	-	
	RF step next to RF	
8	LF step backwards	
Mambo back, Mambo forward, ¼ chasse right, Sailor step.		
1	RF rock back	
	Recover on LF	
&		
2	RF step forward	
3	LF rock forward	
&	Recover on RF	
4	LF step backwards	
5	RF 1/4 turn right step to the side	
&	LF step next to RF	
6	RF step to the side	
7	LF cross behind RF	
&	RF step to the side	
8	LF step to the side	
-		
Sailor step ½ right, Cross mambo, Cross mambo, Sailor step.		
1	RF cross behind 1/2 turn right	
&	LF step to the side	
2	RF step to the side	
3	LF rock over RF	
&	Recover on RF	
∝ 4	LF step to the side	
5	RF rock over LF	
&	Recover on LF	
6	RF step to the side	
7	LF Cross behind RF	
&	RF step to the side	
8	LF step to the side	

Mambo forward, Coaster step, Shuffle, Step, Pivot ½ turn right, Step.

1	RF rock forward
&	Recover on LF
2	RF step behind
3	LF step behind
&	RF step next to LF
4	LF step forward
5	RF step forward
&	LF step next to RF
6	RF step forward
7	LF step forward
&	LF + RF ½ turn right
8	LF step forward

START AGAIN

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