

Jersey Strong

COPPER KNOB
STEPPERS

拍數: 36 牆數: 4 級數: Beginner
編舞者: ATR dancers - April 2013
音樂: Jersey Strong - After The Reign



Cross Rock, Shuffle In Place

1-4 Rock left over right, recover on right, shuffle in place L,R,L
5-8 Rock right over left, recover on left, shuffle in place R,L,R

Forward Rock Recover, Shuffle In Place, Back Rock Recover, Shuffle In Place

9-12 Rock left forward, recover right, shuffle in place L,R,L
13-16 Rock right back, recover left, shuffle in place R,L,R

1/2 Turn Pivot, Shuffle Forward, 1/2 Pivot, 1/4 Pivot

17-20 step forward left, turn half turn right, shuffle forward L,R,L
21-24 step forward right, turn half left, step forward right turn quarter right

Kick Front, Side, Sailor Step 3 Times

25-28 kick right foot front, kick right foot side, sailor R,L,R
29-32 kick left foot front, kick left foot side, sailor L,R,L
33-36 kick right foot front, kick right foot side, sailor R,L,R

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