

# The Beat of Your Heart

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Beginner  
編舞者: Moni Hartmann (DE) - April 2013  
音樂: The Beat of Your Heart - Danny June Smith



Start with singing

**[1 – 8] Chasse r, LF rock back, chasse left, RF rock back**

1 & 2      RF step right, LF close to RF , RF step right  
3, 4      LF step back, lift RF, weight back on RF  
5 & 6      LF step left, RF close to LF , LF step left  
7, 8      RF step back, lift LF, weight back on LF

**[9 – 16] RF step forward, ½ turn left, shuffle forward r, LF rock forward, coaster step**

1, 2      RF step forward, ½-turn left on both feet, weight on LF  
3 & 4      RF step forward, LF close to RF, RF step forward  
5, 6      LF step forward, lift RF, weight back on RF  
7 & 8      LF step back, RF close to LF , LF step forward

**In 2nd Round - Restart Here**

**[17 – 24] Monterey ½ Turn Right, 2 x**

1, 2      RF toes touch to right side, ½ turn right, RF next to LF, weight on RF  
3, 4      LF toes touch to left side, LF next to RF, weight on LF  
5, 6      RF toes touch to right side, ½ turn right, RF next to LF, weight on RF  
7, 8      LF toes touch to left side, LF next to RF, weight on LF

**In 6th Round - Restart Here**

**[25 – 32] RF side rock, cross shuffle left, ½ turn right, cross shuffle**

1, 2      RF step to right, lift LF , weight back on LF LF  
3 & 4      RF cross LF, LF close to RF , RF cross LF  
5, 6      LF step back with ¼-turn on RF, RF step right with ¼ turn on LF  
7 & 8      LF cross RF RF close to LF, LF cross RF

**[33 – 40] RF side rock, behind side cross, LF side rock, coaster step with ¼ turn left**

1, 2      RF step right, lift LF, weight back on LF  
3 & 4      RF cross behind LF LF step left, RF cross LF  
5, 6      LF step to left, lift RF, weight back on RF  
7 & 8      LF step back with ¼-Drehung on RF, RF close to LF, LF step forward

**[41 – 48] RF rock forward, ½-shuffle turn right, step ¼-turn right, behind side cross**

1, 2      RF step forward, lift LF, weight back on LF  
7 & 8      ½-turn right with 3 Cha-Cha-steps ( RF, LF, RF)

**In 9th Round: slowly ending of the dance.**

5, 6      LF step forward, ¼-turn on both feet, weight on RF  
7 & 8      LF cross behind RF, RF step right, LF cross RF

Here dance starts again

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