My Destination



拍數: 32 編數: 4 級數: Easy Intermediate

編舞者: Wanda Heldt (AUS) - April 2013

音樂: You're My Destination - Helene Fischer



32 count Intro

(KICK & CROSS 1/2 RIGHT UNWIND, 2 HEEL BOUNCES) x2

1&2 Kick Right forward, Step Right to Right side, Cross step Left over Right 1/2 Unwind.

3-4 Bounce both heels twice as you Unwind [Wt. on Left] [6:00]

5&6 Kick Right forward, Step Right to Right side, Cross step Left over Right 1/2 Unwind.

7-8 Bounce both heels twice as you Unwind [Wt. on Left] [12:00]

STEP RIGHT FORWARD, LOCK LEFT BEHIND, SHUFFLE FORWARD, STEP SIDE TO SIDE L.R.L.R [a rocking motion]

1-2 Step Right forward, Step Left Behind Right.

3&4 Shuffle forward R.L.R.

5-8 Stepping on the spot L.R.L.R. [Bend knees as you rock side to side] [Wt.on R]

Restart on Wall 5 - dance to count 7, hold wt.on L.[for ct.8].

STEP LEFT, RIGHT BEHIND with a 1/4 TURN LEFT, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, 1 ½ Turn

1-2 Step Left, Step Right behind Left make a 1/4 turn Left. [Wt.on R] [9:00]

3&4 Shuffle forward L.R. L

5-6 Rock Forward on Right, Recover on Left [Wt.on L.]
7&8 1 1/2 urn over Right shoulder, Stepping R.L.R. [3:00]

Option: 7&8 - 1/2 turn Right Shuffle forward R.L.R.

STEP FORWARD, PIVOT 1/2 TURN RIGHT, SHUFFLE FORWARD L.R.L, STEP RIGHT, TOUCH LEFT TOE, FULL TURN LEFT STEPPING L.R.L.

1 -2 Step forward on Left, Right Pivot a 1/2 turn stepping on Right [Wt. on R] [9:00]

3&4 Shuffle forward L.R.L.

5 -6 Step Right to Right, Touch Left toe to left. [9:00]

&7 1/4 turn Left as you step on Left, 1/2 turn Left as you step back on Right. [12:00]

8 1/4 turn Left as you step on Left. [9:00]

Option: &7-8 Side shuffle L.R.L.

Restart dance.. ... HAVE FUN IN LIFE & IN DANCE..

Contact - Email: silverstarwa @ gmail.com / Website: .silverstarw.com.au