

Bang Bang Drop It

COPPER KNOB
BY STEPHEN

拍數: 68 牆數: 2 級數: Intermediate
編舞者: Laura Hilbert (UK) - May 2013
音樂: Play Hard (feat. Ne-Yo & Akon) - David Guetta : (Album: Nothing but the Beat)



NOTE: Tags-

Wall 3 after the first 44 counts, immediate Restart after Tag.

Wall 5 after the whole wall, immediate Restart after Tag.

[1-8] LEFT KICK BALL CHANGE, LEFT SHUFFLE FORWARD, ROCK FORWARD RECOVER BACK, HITCH STEP, HITCH STEP

1&2 Kick left foot forward (1), step back on the left (&) step right slightly forward (2)
3&4 step forward on the left (3), step right next to left (&), step forward on the left (4)
5-6 Rock forward on the right (5), rock back on the left (6)
&7&8 Hitch right knee up (&), Step back on the right (7), hitch left knee up (&) step back on the left (8)

[9-16] POINT SIDE HOLD, POINT SIDE HOLD, ROCK WEIGHT OVER LEFT, RIGHT, LEFT, ¼ HITCH

1-2 Point right leg to right side (1), hold (2)
&3-4 Step right beside left (&) point left to left side (3) hold (4)
5-6-7 Keeping feet apart, rock weight over to the left (5) weight over right (6) weight over left (7)
(Roll shoulders forward on each weight transfer, x3 altogether)
8 ¼ turn over right shoulder weight on left leg, hitch right knee up (8)

[17-24] COASTER STEP, WALK LEFT, WALK RIGHT, TURNING HIP BUMPS ½ X2,

1&2 Step back on the right (1), step left next to right (&), step forward on the right (2)
3-4 walk forward on the left (3), walk forward on the right (4)
5&6 Step forward on the left, bumping left hip forward (5), back (&) forward, making half turn over right shoulder (weight now on left) (6)
7&8 Step forward on the right bumping right hip forward (7), back (&), forward (8) transferring weight onto the right

[25-32] TURNING HIP BUMPS ½, COASTER STEP, SHUNT LEFT FORWARD POPPING RIGHT KNEE, REPEAT RIGHT, LEFT, RIGHT

1&2 Step forward on the left, bumping left hip forward (1), back (&) forward, making half turn over right shoulder (weight now on left) (2)
3&4 Step back on the right (3), step left beside right (&) step forward on the right (4)
5-6-7-8 Shunt left foot forward popping the right knee (right foot joins left) (5), repeat right (6), left (7), right (8)

[33-40] STEP HEEL, HOLD, STEP HEEL STEP HEEL, STEP FORWARD, PIVOT TURN ¼, STEP FORWARD PIVOT TURN ¼

&1-2 Step right (&), left heel forward (1), hold (2)
&3&4 Step left beside right (&), right heel forward (3), step right beside left (&) left heel forward (4)
&5-6-7-8 Step forward on the left (&), forward on the right pivot ¼ turn over left shoulder (5-6) step slightly forward on the right pivot ¼ turn over left shoulder (7-8) (on each pivot turn circle your hips round once)

[41-48] SLIDE RIGHT DIAGONAL, HEELS UP, DOWN, UP, DOWN, SLIDE LEFT DIAGONAL, HEELS UP, DOWN, UP, DOWN

1-2 Slide right diagonally right (1), dragging left to right (2),
&3&4 Bending knees, lift heels both up (&), heels down (3), heels up (&), heels down (4)

(Tag on wall 3 would be here)

5-6 Slide left diagonally left (5), dragging right to left (6)

&7&8 Bending knees, lift heels both up (&), heels down (3), heels up (&), heels down (4)

[49-56] JAZZ BOX ¼ TURN RIGHT, STEP FORWARD, TOUCH FORWARD, TOUCH SIDE, TOUCH BEHIND, CLAP

1-2-3-4 Cross right over left (1), step back on the left making ¼ turn over right shoulder (2), step forward right (3), step forward left (4)

5-6-7-8 weight on the left, touch right foot forward (5), touch right foot to right side (6) touch right back (7) spring both feet together and clap (8)

[56-66] TOUCH FORWARD, TOUCH SIDE, TOUCH BACK, TOGETHER CLAP, ROCK FORWARD, RECOVER BACK

1-2-3-4 weight on the right, touch left foot forward (5), touch left foot to right side (6) touch left back (7) spring both feet together and clap (8)

5-6 Rock forward on the right (5), rock back on the left (6)

7-8 Rock back on the right (7), rock forward on the left (8)

[64-68] STEP, ½ TURN LEFT, STEP RIGHT, TOUCH, CLICK

1-2 Step forward on the right (1) turn ½ over left shoulder (2)

3-4 step weight on right (3) touch left beside right click right hand up (4)

TAGS:-

WALL 3: After the first 44 counts, (the slide diagonally right, heels up, down, up, down)

4 count Tag- step forward on the right (1) turn ¼ over left shoulder (2)

Step right (3) touch left beside right and click right hand up (4)

Immediately RESTART

WALL 5: After finishing the whole wall of wall 5

12 count tag- Round to the left making a full turn, x4 pivot turns circling the hips

(1-2, 3-4, 5-6, 7-8)

Jazz box- right over left (1) step back on the left (2), step forward on the right (3), step forward left (4)

Immediately RESTART

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