Just For The Record (aka Hold Yo Horses, Deb!)



拍數: 48 牆數: 4 級數: Improver

編舞者: Patti Vaughn Staiger (USA) - June 2001

音樂: Hold Your Horses - E-Type



Practice Music: Ain't Nothin' 'Bout You By Brooks & Dunn

STOMP RIGHT, KICK RIGHT, RIGHT SAILOR, STOMP LEFT, KICK LEFT, LEFT SAILOR

1-2 Stomp right, kick right to right side

3&4 Cross right behind left, step left side, step right side

5-6 Stomp left, kick left to left side

7&8 Cross left behind right, step right side, step left side

RIGHT ROCK RECOVER, TRIPLE 1/2 RIGHT, ROCK RECOVER, TRIPLE 1/2 LEFT

1-2 Rock right forward, recover to left
 3&4 Turn ½ right – stepping right-left-right
 5-6 Rock left forward, recover to right
 7&8 Turn ½ left – stepping left-right-left

TURN 1/4 RIGHT, RIGHT VINE, LEFT VINE

Turn ¼ right, cross left behind, step right side, touch left beside right
 Step left side, cross right behind, step left side, touch right beside left

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, STEP RIGHT, ½ TURN LEFT, HOOK LEFT, CHASSÉ LEFT FORWARD

1-4 Rock right forward, recover to left, rock right back, recover to left

5-6 Step right forward, turn ½ to left, keeping weight on right

7&8 Hook left over right, chassé left-right-left

1-8 **REPEAT PREVIOUS 8 COUNTS**

CHASSÉ TO RIGHT SIDE, ROCK LEFT, RECOVER, CHASSÉ TO LEFT SIDE, ROCK RIGHT, RECOVER

1&2 Chassé side, right-left-right
3-4 Rock left back, recover to right
5&6 Chassé side, left-right-left
7-8 Rock right back, recover to left

START OVER Everybody say "Yea"!!!!!!

Notes: Respectfully formatted and submitted by Valerie Guenther, to share this great dance with other enthusiasts.

History: "This dance is dedicated to my dance soul-mate Debby Record and her courage and determination to return to dance after an accident that very well could have ended her true love in life.....dancing! Life's a dance, Deb!" (Patti Vaughn-Staiger 6/2001)

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