

拍數: 64 編數: 4 級數: Intermediate - Rumba/Tango Rhythm

編舞者: Ira Weisburd (USA) - May 2013 音樂: Dolores by Mario Riccardi Orchestra



"You Are the Woman of my Heart", "I love you"

Intro: 17 seconds - Start on the word "Nott" - NO TAGS !!! NO RESTARTS !!!

PART I.

A. (FORWARD RUMBA BOX WITH L, STEP R TO R, HOLD, CROSS-ROCK, RECOVER)

1-4 Step L forward, Touch R beside L, Step R to R, Step-close L to R

5-8 Step R to R, hold, Step L across R, Recover back on R

B. (STEP L TO L, HOLD, CROSS-ROCK, RECOVER, MAKE 1/4 TURN R, HOLD, PIVOT 1/4 TURN R)

1-4 Step L to L, hold, Step R across L, Recover back on L

5-8 Make 1/4 turn R on R, Step L forward, Pivot 1/4 turn R onto R (Face 6:00)

C. (CROSS-STEP L OVER R, TAP R TOE BACK, STEP BACK ON R, STEP L TO L; CROSS-STEP R OVER L, TAP L TOE BACK, STEP BACK ON L, STEP R TO R)

Step L across R, Tap R toe behind L, Step R back, Step L to L
Step R across L, Tap L toe behind R, Step L back, Step R to R

D. (WEAVE 3 STEPS, SWEEP R, STEP R BACK, SWEEP L, ROCK BACK, RECOVER)

1-4 Step L across R, Step R to R, Step L behind R, Sweep R (from front to back)

5-8 Step R back, Sweep L, Rock back on L, Recover forward on R

PART II.

A. (STEP L FORWARD, HOLD, PIVOT 1/2 TURN L, STEP R FORWARD, HOLD, PIVOT 1/2 TURN R)

Step L forward, hold, Step R forward, Pivot 1/2 turn to L on L
 Step R forward, hold, Step L forward, Pivot 1/2 turn to R on R

B. (L TWINKLE STEP, WEAVE 4 STEPS WITH R)

Step L across R, hold, Step R to R, Step-close L beside R
Step R across L, Step L to L, Step R behind L, Step L to L

C. (CROSS-STEP R OVER L, TAP L TOE BACK, STEP BACK ON L, STEP R TO R; CROSS-STEP L OVER R, TAP R TOE BACK, STEP BACK ON R, STEP L TO L)

Step R across L, Tap L toe behind R, Step L back, Step R to R
Step L across R, Tap R toe behind L, Step R back, Step L to L

D. (MAKE 1/4 TURN R IN 2 STEPS, STEP BACK ON R, HOOK L OVER R; MAKE 1/2 TURN L IN 2 STEPS, ROCK BACK, RECOVER)

1-4 Make 1/4 turn R in 2 steps (R,L), Step back on R, Hook L across R (Face 9:00)
 5-8 Make 1/2 turn L in 2 steps (L,R), Rock back on L, Recover forward on R (Face 3:00)

BEGIN DANCE.

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