Made of Gold



拍數: 64 牆數: 2 級數: Improver

編舞者: George de Baat (NL) - May 2013

音樂: Made of Gold - Derek Ryan



Alternatives:-

"The Hands That Rocks The Craddle" by Tantowi Yahya. (dance with no bridge) "She Is Not You" by Elvis Presley. (dance with no bridge)

R Side Rock, Recover, Sailor Step, Step Behind, 1/4 Turn Right, Shuffle Forward

RF side rock 1

2 LF recover

3 RF cross behind & LF step next to RF 4 RF step to right side

5 LF cross behind

6 RF 1/4 turn right, step forward

7 LF step forward & RF step next to LF 8 LF step forward

Rock Forward, Recover, Shuffle 1/4 Turn R, Skate L, Skate R, Shuffle Forward

1 RF rock forward

2 LF recover

3 RF 1/4 turn right

& LF step next to RF

4 RF 1/4 turn right, step forward

LF skate forward 5 6 RF skate forward 7 LF step forward & RF step next to LF 8 LF step forward

Step Forward, Pivot 1/4 Turn L, Cross Shuffle, Side Rock, Recover, 1/2 Sailor Turn L

RF step forward 1

2 LF + RF 1/4 turn left

3 RF cross over LF

& LF step to left side 4 RF cross over LF

5 LF side rock 6 RF recover

7 LF sweep with ½ turn left, step behind

& RF step next to LF 8 LF step forward

Cross, 2x 1/4 Turn R, Close, Step Forward, Rock Forward, Recover, Coaster Step

RF cross over LF 1

2 LF ¼ turn right. step behind 3 RF 1/4 turn right, step forward

LF rock forward

& LF step next to RF 4 RF step forward

5

6	RF recover
7	LF step backward
&	RF step next to LF
8	LF step forward

Right Diagonal Lock Step, Left Diagonal Lock Step

- 1 RF step right diagonally forward
- 2 LF lock behind
- 3 RF step right diagonally forward
- & LF lock behind
- 4 RF step right diagonally forward 5 LF step left diagonally forward
- 6 RF lock behind
- 7 LF step left diagonally forward
- & RF lock behind
- 8 LF step left diagonally forward

Rock Forward, Recover, 1/8 Side Shuffle Right, Rock Forward, Recover, ½ Shuffle Turn Left

- 1 RF rock forward
- 2 LF recover
- 3 RF 1/8 turn right, step to right side
- & LF step next to RF
 4 RF step to right side
 5 LF rock forward
- 6 RF recover
- 7 LF ¼ turn left, step to left side
- & RF step next to LF
- 8 LF ¼ turn left, step forward

Rock Forward, Recover, Sailor Step, Touch Behind, ½ Pivot Left, Mambo Step

- 1 RF rock forward
- 2 LF recover
- 3 RF cross behind
- & LF step to left side
- 4 RF step to right side
- 5 LF touch behind RF6 LF+RF ½ pivot left
- 7 RF rock forward
- & LF recover
- 8 RF step next to LF

Cross, Point, Cross, Point, Jazz Box With Touch

RV touch next to LF

- 1 LV cross over RF
 2 RV touch right side
 3 RV cross over LF
 4 LV touch left side
 5 LV cross over RF
 6 RV step behind
 7 LV step to left side
- Start Again

8

Bridge in wall 3 after count 16. (09:00) (only on music by Derek Ryan) Turn 2x 1/8 Left

- 1 RF step forward 2 LF+RF turn 1/8 to left 3 RF step forward 4 LF+RF turn 1/8 to left
- Restart

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