

Mambo She Danced

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Improver
編舞者: Annelise Jørgensen - April 2013
音樂: Mambo by Muri & Mario



Intro: 8 counts

Mambo Forward Right, Mambo Back Left, ½ Pivot Left, ½ Shuffle Left

1&2 Rock right forward, recover on left, Step right in place
3&4 Rock left back, recover on right, Step left in place
5-6 Step forward on right, make ½ turn left
7&8 Chasse' ½ turn left

Sailor Step Left & Right, Back Rock, Shuffle Forward

1&2 Cross left behind right, step right beside left, step left to left side
3&4 Cross right behind left, step left beside right, step right to right side
5-6 Rock left back, recover
7&8 Shuffle forward left, right, left

Hip Bums Right & Left, Rock Forward, Back, Hits and Clap x 3

1&2 Bump hip right diagonally forward, recover left, bump hip right forward (weight on right)
3&4 Bump hip left diagonally forward, recover right, bump hip left forward (weight on left)
5& Rock right forward, recover
6&7&8& Step right back, hitch left & clap, step left back, hitch right & clap, step right back, hitch left & clap

Coaster step, Mambo Right, Mambo Left, ½ Pivot Left

1&2 Step back on left, step right next to left, step forward on left
3&4 Rock right to right, recover on left, step right in place
5&6 Rock left to left, recover on right, step left in place
7-8 Step forward on right, make ½ turn left

Mambo Right, Mambo Left, 1/4 Pivot Left, Kick Ball Chance

1&2 Rock right to right, recover on left, step right in place
3&4 Rock left to left, recover on right, step left in place
5-6 Step forward on right, make 1/4 turn left
7&8 Kick right forward, step right beside left, step left beside right (weight on left)

Tag: After wall 6, when the music stopped, you will do the 4 count tag and then restart the dance.

½ Pivot Left, ½ Pivot Left

1-2 Step forward on right, make ½ turn left
3 .4 Step forward on right, make ½ turn left

START AGAIN AND ENJOY

Contact: ajlinedance@gmail.com