1 Dance With U

拍數: 32

級數: Improver

編舞者: Norman Gifford (USA) - May 2013

音樂: One Dance with You - Tony Christie

16 count intro	
Section 1: Prissy Walks, Lock Step, Step, Pivot 1/4, Cross Lock Step, Spin 3/4 Turn	
1 – 2 a 3 – 4	Step left forward across right. Step right forward across left. Lock left behind right. Step right forward. Step left forward.
5-6a	Pivot 1/4 turn right. Cross left over right. Lock right slightly behind left. (3:00)
7 – 8	Cross left over right. Step right to right side, spinning 3/4 turn left. (6:00)
Section 2: Step, Sweep Step, Behind 11/4 Turn, Step, Pivot 1/2, Lock Step, Spin Full Turn	
1 – 2 a	Step left forward. Sweep right across left. Step left to left side.
3 – 4	Cross right behind left. Turn 1/4 left and step left forward. (3:00)
5 – 6 a	Step right forward. Pivot 1/2 turn left. Lock right behind left. (9:00)
7 – 8	Step left forward. Step right forward and spin full turn left.
Section 3: Step, Step Lock Step, Ronde Forward, Back, Ronde Back Lock Back, Ronde Behind	
1 – 2 a	Step left forward. Step right forward. Lock left behind right.
3-4	Step right forward. Sweep/step left around and forward.
5–6a	Replace weight onto right. Sweep/step left around and back. Lock right across left.
7 – 8	Step left back. Sweep/step right around and behind left.
Section 4: Side, Cross Rock, Sway, Sway, Side, Cross, 1/4 Turn, Side Rock	
1 – 2 a	Step left to left side. Cross rock right over left. Recover onto left.
3 – 4	Step right to right side swaying hips right. Sway hips left.
5 – 6 a	Step right to right side. Cross left over right. Step right back turning 1/4 left. (6:00)
7 – 8	Rock left to left side. Recover onto right.
Tag 1 End of Walls 1 and 3 (facing 6:00) and end of Wall 4 (facing 12:00): Sway, Sway	
1 – 2	Sway left to left side. Sway right to right side, drawing left beside right (weight right).

Tag 2 End of Wall 2 (facing 12:00): Syncopated Jazz Box With Brush

- 1 2 a Cross left over right. Step right back. Step left to left side.
- 3–4 Step right small step forward. Brush left forward.

Ending Dance first 4 counts of dance, then:

5 Step right forward and hold/pose.



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牆數:2

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