

Jessie (The Dancer)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Upper Improver
編舞者: Judith Campbell (NZ) - February 2002
音樂: Jessico - The Kentucky Headhunters



NZ Beat Awards – Winner for “Best NZ Choreographed Dance 2002

Intro: start in the vocals - on the word CO of Jessico

STEP FWD - ¼ PIVOT L - STEP FWD – HOLD:

1 2 3 4 Step fwd on R ft, ¼ pivot to L, step R ft fwd, hold.

SIDE ROCK - RECOVER – STEP FWD – HOLD:

5 6 7 8 Step/rock L ft out to L side, recover back onto R ft, step fwd on L, hold.

STEP FWD - ¼ PIVOT L - STEP FWD – HOLD:

1 2 3 4 Step fwd on R ft, ¼ pivot to L, step R ft fwd, hold.

SIDE ROCK - RECOVER – STEP FWD – HOLD:

5 6 7 8 Step/rock L ft out to L side, recover back onto R ft, step fwd on L, hold.

ROCK FWD – ROCK BACK – TOGETHER – HOLD – LOCK STEP BACK:

1 2 3 4 Rock fwd on the 45 R, rock back onto L, close R ft next to L, hold

5 6 7 8 Step back on L ft, lock R ft over in front of L, step back on L, hold.

ROCK BACK – ROCK FWD – TOGETHER – HOLD – LOCK STEP FWD:

1 2 3 4 Rock back on R ft 45 R, rock fwd onto L, close R ft next to L, hold.

5 6 7 8 Step fwd on L ft, lock R ft up behind L, Step fwd on L, hold.

Use hips on the rocks fwd/back together hold (mambo step)

CROSS OVERS TO L – STEP – STEP – HOLD: (twice)

1 Step R ft across in front of L ft, (turning body slightly to L),

2 Step L ft to L (body straightens up to front)

3 4 Step R ft next to L, hold (weight on L ft).

5 Step R ft across in front of L ft, (turning body slightly to L),

6 Step L ft to L (body straightens up to front)

7 8 Step R ft next to L, hold (weight on L ft).

WEAVE TO L SIDE – ¼ TURN TO R WITH HEEL DIG:

1 2 3 4 Cross R over L, step L to L, step R behind L, step L to L,

5 6 7 8 Cross R over L, Turning ¼ R step back on L ft, place R heel fwd, hold.

STEP FWD HITCH/CLAP – ½ TURN R HITCH/CLAP – SHUFFLE FWD:

1 2 Step fwd on R, hitch up L knee (clap),

3 4 Turning ½ to R step back on L ft, hitch up R knee (clap).

5 6 7 8 Shuffle R ft fwd (RLR), hold.

SIDE STRUT – CROSS STRUT – COASTER – STEP FWD HITCH:

1 2 3 4 Step L ft to L side on toe, drop heel, Cross R ft over L on toe, drop heel,

5 6 7 8 Step back on L ft, step R ft next to L, step fwd on L ft, Hitch R knee up.

[64] Start dance in new direction. Enjoy!

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