It Won't Be Over You

拍數: 32

級數: Improver

編舞者: Lisa McCammon (USA) - May 2013

音樂: It Won't Be Over You - Steve Wariner : (CD: Drive;)

32 count intro - Clockwise rotation; start weight on L Sequence: intro, 32, 32, 8, 32, 32, 8, 32, 32, 32, 32, 15 (dance ends facing front)

Note to instructors--this dance includes the following steps: side, touches; modified rumba boxes; back lock; sailor ¼ turn; modified kick-ball-steps; cross rock-recover-forward ¼ turn; step, turn ½ and ¼; stomp up; hold; scissors.

[1-8] SIDE, TOUCH, SIDE, TOUCH, SIDE-CLOSE-FORWARD, SIDE, CLOSE, BACK-LOCK-BACK

- 1&2& Step R to side, touch L home; step L to side, touch R home
- 3&4, 5-6 Step R to side, step L next to R, step forward R; step L to side, step R next to L
- 7&8 Step back L, step R across L, step back L

[9-16] BACK, BACK, SAILOR ¼ R, KICK-&-POINT-&-HEEL-&-POINT

1-2 Walk back R, L

(harder option: turn ½ R stepping forward R, turn ½ R stepping back L)

- 3&4 Sweep R around turning ¼ R [6] stepping back R, step L to side, step slightly forward R
- 5&6& Kick L forward, step L home, point R to side, step R home
- 7&8 Touch L heel forward, step L home, point R to side

[17-24] BEHIND, SIDE, CROSS ROCK, RECOVER, TURN ¼ STEP, TURN ½, STEP, TURN ¼

- 1-2 Step R behind L, step L to side
- 3&4 Cross rock R over L, recover L, turn ¼ R [6] stepping forward R
- 5-6-7-8 Step forward L, turn ½ R [12] taking weight R; step forward L, turn ¼ R [3] taking weight L

[25-32] POINT ACROSS, SIDE, ACROSS, STEP, KICK-BALL-STEP, PLACE, HOLD

- 1-2-3-4 Point L toes across R, point to side, point across, step L to side
- 5&6 Kick R, step R home, step L home
- 7-8 Stomp R in place without changing weight (stomp up); hold

TAG occurs after 2nd and 4th repetitions facing [6] and [12]

[1-8] SIDE, CLOSE, SIDE-CLOSE-CROSS, SIDE, CLOSE, SIDE-CLOSE-CROSS

- 1-2, 3&4 Step R to side, step L home; step R to side, step L slightly behind R, cross step R over L
- 5-6, 7&8 Step L to side, step R home; step L to side, step R slightly behind L, cross step L over R

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牆數:4