## 12 Step



編舞者: Tony Wong (HK) - May 2013

音樂: One, Two Step (feat. Missy Elliott) - Ciara



Intro: 32 count

S1: Side Step / Diagonal Back

1 2 3 4 RF to Side, LF Touch Beside RF, LF to Side, RF Touch Beside LF

5 6 7 8 RF Diagonal Bwd, LF Touch Beside RF, LF Diagonal Bwd, RF Touch Beside LF

S2: Hip Sway / Fwd Step

1 2 3 4 Hip Sway to R, to L, to R, to L

5&6 7&8 RF Fwd with bounce, LF Fwd with bounce (or Fwd Lock)

S3: Whisk

1 2 3 4& RF to side and hold, LF behind RF, RF in place, LF Hitch 5 6 7 8& LF to Side and hold, RF behind LF, LF in place, RF Hitch

S4: Fwd / Draw / Sway

1 2 3 4 RF Fwd with 1/8 turn to L, LF Draw to RF, Bounce twice 5 6 7 8 LF Bwd with 1/8 turn to L, RF Draw to LF, Bounce twice

Repeat

Tag: After back to 1st wall (128 counts), hold 4 counts, then continue

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