Beats Going Dum Tek Tek



拍數: 32 牆數: 4 級數: Improver

編舞者: Marie Sørensen (TUR) & Janet Bartholomew (TUR) - May 2013 音樂: Dum Tek Tek - Hadise: (Album: Belgian Dance Classix Top 100 -

www.legalsounds.com)



Intro: 32 Counts

SAMBA STEP RIGHT, LEFT, ROCK, RECOVER, ½ TURN SHUFFLE

1&2 Cross right over left, rock left to left side, recover 3&4 Cross left over right, rock right to right side, recover

5-6 Rock fwd. right, recover

7&8 ¼ turn right, step right to right side, step left next to right, ¼ turn right, step fwd. right (06:00)

PADDLE 1/8 RIGHT X 2, UNWIND ½ TURN LEFT, SKATE RIGHT, LEFT.

1-2 Step forward left, 1/8 turn left (Weight on right)

3-4 Step forward left, 1/8 turn left (Weight on right) (09:00)

Use your hips when you're doing paddle turns

5-6 Touch left toe behind right, unwind ½ turn left (Weight on left) (03:00)

Bend your knees when you're doing ½ turn unwind

7-8 Skate right, skate left.

ROCK, RECOVER, BALL CHANGE, STEP BACK, LEFT, RIGHT, COASTER STEP, SWEEP, CROSS

1-2 Rock fwd. right, recover

&3-4 Step back on right, step back on left, right

Restart the dance at this point during wall 2 and wall 6 – Add step fwd. on count & - Then you have weight on left, Start from the beginning!

Step back on left, step right next to left, step fwd. on left

7-8 Sweep right fwd. cross right over left (Weight on both feet) (03:00)

HEEL BOUNCE 1/2 TURN LEFT. WALK BACK RIGHT, LEFT, STEP, SLIDE

1-2 Make ½ turn to the left bouncing heels 2 times (Weight on left)

3-4 Walk back right, left

5&6 Step back on right, step left next to right, cross right over left

7-8 Long step left to left side, slide up and touch right next to left (09:00)

RESTARTS:

During wall 2 - After 20 Counts - Facing 12:00 During wall 6 - After 20 Counts - Facing 06:00

Have Fun!

Contacts:-

Marie Email: sunshinecowgirl1960@gmail.com

Janet Email: janbarthy@gmail.com