

Blurred Lines EZ

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisa McCammon (USA) - June 2013
音樂: Blurred Lines (Radio Version) - John Crash



Counterclockwise rotation; Start weight on L

This dance was written for my students as a floor split for Rachael McEnaney's popular dance, but I do not use the track specified on her step sheet because of what I consider offensive language, some of which also is contained in the version I listed on my original step sheet. Contact me for information about another version.

Note to instructors: this dance includes a hitch, syncopated weave, sweep, sailor turning $\frac{1}{4}$ L, syncopated $\frac{1}{4}$ paddle turns, syncopated hip bumps, a L coaster, and a cross/unwind $\frac{1}{2}$ L.

[1-8] HITCH, SIDE, BEHIND-SIDE-CROSS, SWEEP, CROSS, SIDE, TOUCH

- 1-2 Hitch R, step R to side
- 3&4 Step L behind, step R to side, step L across
- 5 Sweep R from back to front
- 6-7-8 Cross R over L, step L to side, touch R home

[9-16] SIDE, HOLD, L SAILOR $\frac{1}{4}$ L, WALK, WALK, BALL-TURN, BALL-TURN

- 1-2 Take big step to R, HOLD
- 3&4 Step L behind R, turn $\frac{1}{4}$ [9] L stepping side R, step L slightly forward
- 5-6 Walk forward R, L
- &7&8 Step forward R, turn $\frac{1}{4}$ L [6] taking wt L; step forward R, turn $\frac{1}{4}$ L [3] taking wt L

[17-24] CROSS ROCK, RECOVER, BUMP HIPS RLR, STEP BACK, KICK, STEP BACK, KICK

- 1-2 Rock R across L, recover L
- 3&4 Step R to side bumping hips RLR (wt ends R)
- 5-8 Step back L, kick R; step back R, kick L

(Option: substitute touches forward for the kicks)

[25-32] BACK, BACK, L COASTER, CROSS UNWIND $\frac{1}{2}$ L FOR 3 COUNTS

- 1-2 Step back L, R
- 3&4 Step back L, step R next to L, step forward L
- 5 Cross R over L
- 6-7-8 Using R foot as leverage, unwind $\frac{1}{2}$ L [9], ending wt L

All Rights Reserved.

This Step Sheet May Not Be Altered In Any Way Without The Written Permission Of The Choreographer.

Contact: Lisa McCammon - dancinsfun@gmail.com - www.peterlisamcc.com

Revised - 20 June 2013