拍數： 176 墻數： 1
編舞者：May Taw－June 2013
音樂：Gentleman－PSY

Dance Sequence ：
A64－B64（TAG 4 ）
A64－B64－C48
B32（ 2nd half of B64［counts33－64］）
ENDING 32
Introduction 16counts（Starts after $\mathbf{2 \times 8}$ music ）
1，2，3，4 $\quad R$ over $L$ Cross Samba（both hands paddle moves right side ）
$5,6,7,8 \quad L$ over $R$ Cross Samba（both hands paddle moves left side ）
1，2，3，4 Gallop Diagonal R forward（ cross both wrist Gangnam style ）
$5,6,7,8 \quad$ Gallop Diagonal L backward（ cross both wrist Gangnam style ）

## PART A64 counts（ $8 \times 8$ ）

［ A1－32］
1，2，3，4，5，6，7， 8 Weave $R L R L$ then Weave $L R L R$
（ Arms Movement＝Lift both arms up－down－up－clap ）
1，2，3，4，5，6，7， 8 Weave R L R L then Weave LRLR
（ Arms Movement＝Push arm out－in－out－clap ）
＊＊Repeat for counts 17－32＊＊
［ A33－64］
1，2，3\＆4，5\＆6 ，Tap L toe twice－L Sailor－R Sailor－L Sailor
7\＆8
（Both hands waving right side ，While doing sailor steps lift arms up \＆down ）
1，2，3\＆4，5\＆6，Tap R toe twice－R Sailor－L Sailor－R Sailor 788
（Both hands waving left side，While doing sailor steps lifts arms up \＆down ）
＊＊Repeat for counts 49－64＊＊
PART B64 counts（ $8 \times 8$ ）
［B1－8］
1，2，3，4 Jump R forward Diagonal touch L beside，Jump L forward Diagonal touch R beside，Jump R forward Diagonal touch $L$ beside，Jump $L$ forward Diagonal touch $R$ beside

5，6，7，8 Jump R backward Diagonal touch L beside，Jump L Backward Diagonal touch R beside， Jump R backward Diagonal touch $L$ beside，Jump both feet apart R to $R \& L$ to $L$
（Hands Movement for counts 1－8：
While jumping forward\＆back diagonal－swing hands above head R，L，R ，clap ）
［ B9－16］
1，2，3，4，5，，6，7，8 Washing Machine style bend body forward ，bodyroll anti clockwise one Full circle
［B17－24］
1，2，3\＆4 Hip Bump R，L，RLR with hands movement R，L，RLR
Hands Movement ：（ $R$ hand to $R$ side，$L$ hand fold to $R$ at chest level ，$L$ hand to $L$ side ，$R$ hand fold to $L$ at chest level）
5，6，7\＆8 Hip Bump L，R，LRL with hands movement L，R，LRL

Hands Movement : ( $L$ hand to $L$ side, $R$ hand fold to $L$ at chest level, $R$ hand to $R$ side, $L$ hand fold to $R$ at chest level)
[ B25-32]
1,2,3\&4 Hip Bump R,L, RLR with hands movement R,L, RLR
Hands Movement: ( ALTERNATE raise up R,L, RLR hand -above head )
$5 \quad$ Hip Bump to $L$ side , with $L$ hand to $L$ side at shoulder level $6 \quad$ Hip Bump to $R$ side , with $R$ hand to $R$ side at shoulder level $7 \quad$ Hip Bump to $L$ side, fold $L$ arm to $R$ side at chest level $8 \quad$ Hip Bump to $R$ side , $R$ hand holding chin ( Gentleman POSE )

## [ B33-64 ] ( **2nd HALF of PART B**)

1,2,3,4,5,6,7,8 (12o'clock)
With feet apart \& bend and ‘GENTLEMAN POSE’ ~Sway hips R,L,R,L,R,L,R,L
1,2 (3 o'clock ) [Clockwise movement]
$1 / 4$ turn $R$, step $L$ beside $R$ with hip sway $R \sim L$
3,4
( 6 o'clock)
$1 / 4$ turn $R$, step $L$ beside $R$ with hip sway R~L
5,6 (9 o'clock )
$1 / 4$ turn $R$, step $L$ beside $R$ with hip sway $R \sim L$
7,8 (12 o'clock )
$1 / 4$ turn $R$, step $L$ beside $R$ with hip sway $R \sim L$
Hands movement while doing all $1 / 4$ turn raise both hands $u p$ and swing $\sim R \sim L \sim R \sim L \sim R \sim L \sim R \sim L$
REPEAT THE ABOVE 16 COUNTS TO COMPLETE [ B49-64 ]
**TAG 4 Counts**
Feet Apart Stand Still *POSE*4 counts~ with hands crossed R over L on shoulder.
*POSE*= ( $L$ palm on $R$ shoulder , $R$ palm on $L$ shoulder )
PART C48 counts ( 6X8)
1,2,3\&4 $\quad R$ step together ,side chasse
( Hand movement Hand Wave R~L~R~R )
$5,6,7 \& 8 \quad L$ step together , side chasse
( Hand movement Hand Wave L~R~L~L )
1,2, 3\&4 $\quad R$ step together , side chasse
( Hand movement Hand Wave R~L~R~R)
$5,6,7,8 \quad$ Step $L$ to left, Step $R$ to right, Body Bend forward then full swing Upwards raise both hands
1,2,3\&4 $\quad R$ step together ,side chasse
( Hand movement Hand Wave R~L~R~R )
5,6, 7\&8 L step together, side chasse
( Hand movement Hand Wave L~R~L~L )
1,2,3\&4 $\quad R$ step together , side chasse
( Hand movement Hand Wave R~L~R~R )
$5,6,7,8 \quad$ Step $L$ to left ,Step $R$ to right ,Body Bend forward then full swing Upwards raise both hands

3,4
Body Bend Forward then full swing Upwards raise both hands
$5,6,7,8 \quad\}$ With hands raised and crossed wave briskly
1,2,3,4 $\quad\}$ With hands raised and crossed wave briskly
$5,6,7,8 \quad$ Slowly open arms sideways and *GENTLEMAN POSE* towards the last two counts.

REPEAT ( **2nd HALF of PART B** ) = COUNTS B33-64 ONLY ( NO TAG )

## ENDING 32 COUNTS

1,2,3,4 $\quad$ R over $L$ Cross Samba ( both hands paddle moves right side )
$5,6,7,8 \quad$ L over R Cross Samba ( both hands paddle moves left side )
1,2,3,4 Gallop Diagonal R forward ( cross both wrist Gangnam style )
$5,6,7,8 \quad$ Gallop Diagonal L backward ( cross both wrist Gangnam style )
1,2,3,4 $\quad$ R over L Cross Samba ( both hands paddle moves right side )
$5,6,7,8 \quad$ L over R Cross Samba (both hands paddle moves left side )
1,2,3,4 Gallop Diagonal R forward (cross both wrist Gangnam style )
$5 \quad L$ step out to $L$, Open $L$ hand to $L$ side
$6 \quad R$ step out to $R$, Open $R$ hand to $R$ side
7 hands crossed $R$ over $L$ on shoulder
( $L$ palm on $R$ shoulder , $R$ palm on $L$ shoulder )
$8 \quad$ Point $R$ hand straight to the front
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