Blue Over Me

拍數: 32

級數: Improver

編舞者: Francien Sittrop (NL) - June 2013

音樂: Blue - Derek Ryan : (Album: Made Of Gold)

Intro: Start after 4 counts from the beginning

[1-8] Rumba Box

- 1 2Step R to the R side, Step L next to R
- 3&4 Step R fwd, Step L next to R , Step R fwd
- 5 6 Step L to L side, Step R next to L
- 7 & 8 Step L back, Step R next to L, Step L back

[9-16] Rock Back Recover, Kick Ball Cross x2, Side Rock Recover

- 1 2 Rock R back, Recover on L
- 3&4 Kick R fwd, Step R down. Step L across R
- 5&6 Kick R fwd, Step R down. Step L across R
- 7 8 Rock R to R side, Recover on L

[17-24] Cross, Hold , Side, Cross Side , Behind Side Cross, Side Rock Recover

- 1 2 Step R across L, Hold
- &3-4 Step L to L side, Step R across L, Step L to L side
- 5&6 Step R behind L, Step L to L side , Step R across L
- 7 8 Rock L to L side, Recover on R

[25-32] Sailor ¼ Left, Step fwd , Pivot ½ L, Jazz Box

- Sweep L behind R with 1/4 Turn L, Step R to R Side, Step L fwd 1&2
- 3 4 Step R fwd , Pivot 1/2 Turn L
- 5 8 Step R across L, Step L back, Step R to R side , Step L fwd

Start Again

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牆數: 4