Still Rockin'

拍數: 32

級數: Improver

編舞者: Gaye Teather (UK) - July 2013

音樂: Rockin' - Dave Sheriff : (CD: Still Rockin')

16 count intro - 7 seconds. Start on vocals) - Dance rotates in CW direction

Right Rocking chair. Step. Pivot half turn Left. Triple half turn Left

- 1 2 Rock forward on Right. Recover onto Left
- 3 4 Rock back on Right. Recover onto Left
- 5 6 Step forward on Right. Pivot half turn Left
- 7&8 Triple half turn Left stepping Right. Left. Right (Facing 12 o'clock)

Diagonal back rocks. Shuffle forward. Forward rock

- 1 2 Step Left diagonally back Left rocking/pushing hips back. Rock forward onto Right
- 3 4 Rock back onto Left. Rock forward onto Right
- 5&6 Step forward on Left. Step Right beside Left. Step forward on Left
- 7 8 Rock forward on Right. Recover onto Left

Right side rock. Cross shuffle. Side. Quarter turn Right. Cross. Hold/Clap

- 1 2 Rock Right to Right side. Recover onto Left
- 3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left
- 5 6 Step Left to Left side. Quarter turn Right stepping Right to Right side (Facing 3 o'clock)
- 7 8 Cross Left over Right. Hold/clap

Side. Cross. Hold/clap. Side. Cross. Hold/clap. Toe touches out. In. Out. In

- &1 2 Step Right to Right side. Cross Left over Right. Hold & clap
- &3 4
 Step Right to Right side. Cross Left over Right. Hold & clap
- 5 6 Touch Right toe to Right side. Touch Right beside Left
- 7 8 Touch Right toe to Right side. Touch Right toe beside Left

Start again





牆數:4