Two Step



拍數: 16 牆數: 4 級數: Beginner

編舞者: Robert Royston (USA) - May 2013

音樂: Two Step (feat. Colt Ford) - Laura Bell Bundy



*** Use the 3:12 min version of the song and adjust for tempo with NO Tags or Restarts.***

Sec. 1 (1-8) Side, Together, Side, Together, Side (repeat going to the L)

1, 2, 3&4 R to R side, Step L next to R, Step R to R side, Step L next to R, Step R to R side
5, 6, 7&8 L to L side, Step R next to L, Step L to L side, Step R next to L, Step L to L side (12:00)

(When the lyrics say "Slide, slide, two steps" you should really play up the lyrics with footwork)

Sec.2 (9-15) Kick - ball-step X2, little Skates turning 1/4 L

***When you watch the video the 1st 4 counts can be heel ball steps or kick ball steps.

1&2, Kick R forward, replace R to center, Change weight to L

3&4 Repeat 1&2

5,6,7,8 Skate R, L, R, L turning 1/4 to the L – weight ending on the L

(During these 4 counts you can do all kinds of variations, just end with weight on L for count 8!)

These are the BASIC steps for Rob's dance as observed in the video on You Tube under Dance Y'All Crew. Please do not take these as gospel. You will observe MANY variations during the video.

HAVE FUN! Great beginner dance!

Sheet prepared by Donna Manning: www.dancinfree.com