

# Two Step

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Phrased Intermediate  
編舞者: Lisa Johns-Grose (USA) & Gail Smith (USA) - July 2013  
音樂: Two Step (feat. Colt Ford) - Laura Bell Bundy : (Album: Dance Y'all - Volume 1)



**Intro: 24 Counts from the beginning or 16 Counts from the hard down beat - VOCALS - CCW rotation**

## Part A

### **SIDE-BEHIND-HEEL BALL CROSS- SIDE-BEHIND-HEEL BALL CROSS**

1-2                      Right side, left behind  
&3&4                    Step right to right, touch left heel diagonally forward, step left down, step right across left  
5-6                      Left side, right behind  
&7&8                    Step left to left, touch right heel diagonally forward, step right down, step left across right  
12:00

\*\*\*\*\* TAG here at the end of wall 2. Happens facing 6:00

\*\*\*\*\* RESTART here on wall 4. Happens facing 3:00 (changes to wall 5)

### **HINGE TWO 1/4'S LEFT- CROSS SHUFFLE RIGHT- SIDE ROCK -REC- COASTER**

1-2                      Step right back making 1/4 turn left, step left 1/4 turn left  
3&4                      Crossover shuffle right, left, right  
5&6                      Left side rock, recover right  
7-8                      Step left back, step right next to left, step left forward 6:00

### **R KICK-HOOK-KICK, L KICK-HOOK-KICK, PIVOT 1/2, PIVOT 1/4**

1 & 2                    Kick R fwd, hook R in front of L shin, kick R fwd  
&3&4                    Step R together, kick L fwd, hook L in front of R shin, kick L fwd  
& 5-6                    Step L together, step R fwd, pivot 1/2 turn L  
7 - 8                    Step R fwd, pivot 1/4 turn L 9:00

\*\*\*\*\* RESTART here on wall 7. Happens facing 3:00

### **SAMBA STEPS, JAZZ BOX-CROSS**

1 & 2                    Step R across L, step ball of L to side, step R in place  
3 & 4                    Step L across R, step ball of R to side, step L in place  
5 - 8                    Step R across L, step L back, step R to side, step L across R 9:00

## REPEAT

\*\*\*\* TAG: 1/4 TURN HIPS ROLLS ( x4 )

1-2                    Touch right forward, pivoting ¼ left, rolling your hips counter clockwise  
3-8                    REPEAT steps 1-2 three more times, 1/4 hip rolls, bringing you back to the 6:00 wall 6:00

### **PART B - PHRASED SECTION - 16 Counts ( X2 ) Wall 6 12:00**

#### **STEP- SLIDE, STEP-SLIDE, STEP-TOGETHER, STEP ACROSS (Repeat same steps to left)**

1-2-3                    Step R to side, slide L over to R foot (weight on L), step R to side  
& 4                    Slide L over & step next to R foot, step R across L  
5-6-7                    Step L to side, slide R over to L foot (weight on R), step L to side  
& 8                    Slide R over & step next to L foot, step L across R

#### **1/4 R STEP FWD, SIDE-BALL-STEP, HITCH, SIDE-BALL-STEP, TOUCH, 3 GRINDS, SWITCH (HEEL)**

1 & 2                    Turn 1/ 4 R and step R fwd, quick step onto ball of L out to side, step R in place  
3 & 4                    Hitch L diagonal in front of R knee, quick step onto ball of L out to side, step R in place  
& 5-7                    Touch L toe fwd and do 3 pelvic grinds keeping weight on R foot  
(option: instead of grinds do syncopated hip bumps end with weight on R foot)

& 8                      Step L down in place, tap R heel to fwd diagonal 3:00

**YOU WILL REPEAT ALL OF THESE STEPS A SECOND TIME ! 6:00**

**SIMPLE ENDING:** After completing jazz box-cross ..... Unwind 1/2 turn R to face front!

Contact info: Lisa - [htmonalisa@aol.com](mailto:htmonalisa@aol.com) - - - Gail - [smith\\_n\\_western\\_2000@yahoo.com](mailto:smith_n_western_2000@yahoo.com)

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