Ghetto Romance 2



拍數: 32 牆數: 4 級數: Beginner

編舞者: Amy Christian (USA) - August 2013

音樂: Ghetto Romance - Damage



FORWARD, OUT, OUT, BACK, TOGETHER, HOLD, STOMP, FWD SHOULDER POPS,

1-3 Step fwd on R, Step L out to left SIDE (not fwd), Step R out to right SIDE (not fwd),

4& Take a nice big step back on L, Step R next to L,

5 HOLD

Stomp fwd on L, without weight, (so weight is centered), Upper body angled facing 1:00,
Push R shoulder fwd sharply, twice, (as left shoulder does the opposite), Weight is still

centered or more on R foot,

FORWARD BODY ROLL X2, BACK, TOUCH, TWIST 1/4, TWIST DOWN, TWIST UP,

1-2 Body Roll fwd transferring weight fwd on L, Roll back transferring weight back on R, (or just

Rock fwd on L, Recover back on R),

3-4 Body Roll fwd transferring weight fwd on L, Roll back transferring weight back on R, (or Rock

fwd on L, Recover back on R),

&5 Step back on L, Touch R back,

6 Twist ¼ turn right, (weight centered) [3:00],

7 Twist both heels right, bending knees, making 1/8 turn [1:00],

8 Twist both heels back center, straightening up [3:00], (transfer weight on to L foot),

SIDE SHUFFLES X 4,

1&2	Shuffle right, R,L,R,
3&4	Shuffle left, L,R,L,
5&6	Shuffle right, R,L,R,
7&8	Shuffle left, L,R,L,

(Bend your knees & use your shoulders and hips to groove on this easy eight).

ROCKING CHAIR, FORWARD, FORWARD, OUT, OUT,

1-4 Rock fwd on R, Recover back on L, Rock back on R, Recover on L, (Or Pivot ½ X2),

Walk fwd on R, Walk fwd on L, (on an imaginary straight line),Step R out to R SIDE (not fwd), Step L out to L SIDE, (not fwd),

Begin again!!!

Contact - Website: www.linefusiondance.com - Email: amyc@linefusiondance.com