Just Like A Shadow



拍數: 32 編數: Easy Beginner

編舞者: Tjaney K (NL) - August 2013 音樂: Oh Momma - Melanie Foeh



Start after 8 counts on the word 'Shadow'

Alt: "Tailspin" by The Jayhawks (cd Rainy Day Music)

Info: Restart after 24 counts Restart: in wall 8 on tel 5 of the 4th block

Rock Forward, Shuffle Back, Rock Back, Shuffle Forward

1	RF rock fwd
2	LF recover
3	RF step back
&	LF step together
4	RF step back
5	LF rock back
6	RF recover
7	LF step fwd
&	RF step together
8	LF step fwd

1/4 Turn Left, Cross Shuffle, Side Rock, Behind Side Cross

1	RF step fwd
2	R+L ¼ turn left
3	RF cross over
&	LF step side
4	RF cross over
5	LF rock side
6	RF recover
7	LF cross behind
&	RF step side
8	LF cross over

Side, Together, Chassé, Cross Rock, Shuffle With 1/4 Turn

1	RF step side
2	LF step together
3	RF step side
&	LF step together
4	RF step side
5	LF rock across
6	RF recover
7	LF step side
&	RF step together
8	LF 1/4 left, step fwd

Rocking Chair, Jazz Box

1	RF rock fwd
2	LF recover
3	RF rock back
4	LF recover
5	RF cross over

6 LF step back 7 RF step side 8 LF step together

Start again

Ending: After the 10th wall [12]:

1 RF step fwd (pose)

Info - Alt Music

Restart after 24 counts in wall 8 on count 5 of the 4th block

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