

Used To You

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Leanne Leis (AUS) - June 2013
音樂: Used To You - Guy Sebastian : (Album: Armageddon)



16 count intro from first beat of music, 1 Tag, dance rotates anti-clockwise

R Samba, L Samba (moving fwd), Rock fwd on R, Recover, R Coaster

1&2 Rock/step Right to right recover Left step Right across Left
3&4 Rock/step Left to Left recover Right step Left across Right
5 6 Rock forward on Right
7&8 Step back Right step Left beside Right step Right forward

Pivot R, Cross Samba x 2 (moving fwd), Touch L behind R, Unwind $\frac{3}{4}$ L (weight on Left)

1 2 Step Left forward $\frac{1}{2}$ pivot Right
3&4 Step Left across Right, step Right to Right, recover Left
5&6 Step Right across Left, step Left to Left, recover Right
7 8 # Touch Left behind Right, unwind $\frac{3}{4}$ Left taking weight on Left (9.00)

2 x L pivots, Side Rock, Recover, R Sailor (moving back)

1 2 Step Right forward, pivot $\frac{1}{2}$ Left
3 4 Step Right forward, pivot $\frac{1}{2}$ Left
5 6 Rock Right to Right, recover Left
7&8 Step Right back behind Left, step Left to Left, step Right to Right

L Sailor (moving back), touch R behind, unwind $\frac{1}{2}$ R, step L fwd, $\frac{1}{2}$ pivot R, shuffle fwd on L

1&2 Step Left back behind Right, step Right to Right, step Left to Left
3 4 Touch Right behind Left, unwind $\frac{1}{2}$ Right taking weight on Right (3.00)
5 6 Step Left forward, pivot $\frac{1}{2}$ Right
7&8 Step Left forward, step Right together, step Left forward (9.00)

Step R forward, $\frac{1}{4}$ pivot L, R fwd Coaster, L Coaster, $\frac{1}{4}$ turn R, Rock Back, Recover

1 2 Step Right forward, turn $\frac{1}{4}$ Left taking weight on Left (6.00)
3&4 Step Right forward, step Left beside Right, step Right back
5&6 Step Left back, step Right beside Left, step Left forward
7 8 With weight on Left turn $\frac{1}{4}$ Right, rock back on Right, Rock forward on Left (9.00)

1 $\frac{1}{2}$ L triple turn (moving forward), Rock back, Recover, 1 $\frac{1}{2}$ R triple turn (moving forward), Rock back, Recover

1&2 Turn $\frac{1}{2}$ Left stepping back on Right, turn $\frac{1}{2}$ Left stepping forward on Left, turn $\frac{1}{2}$ Left stepping back on Right (easier option – $\frac{1}{2}$ shuffle back)
3 4 Rock back on Left, recover Right
5&6 Turn $\frac{1}{2}$ Right stepping back on Left, turn $\frac{1}{2}$ Right stepping forward on Right, turn $\frac{1}{2}$ Right stepping back on Left (easier option – $\frac{1}{2}$ shuffle back)
7 8 Rock back on Right, recover Left

End of dance.

Tag: 4 hips RLRL – end of 4th wall facing front

Ending: Wall 6 (9.00) dance to beat 16# (6.00) then shuffle forward on Right, $\frac{1}{2}$ pivot R, shuffle forward on Left, full turn R stepping Right Left, step forward Right dragging Left to beside Right – keep normal pace to the end.

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