Soul Man EZ



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Judy Rodgers (USA) - July 2013

音樂: Soul Man - Sam & Dave



Alt music: Can't get enough of your love by Barry White; 72 cnt intro - not perfectly phrased

32 count intro

WALK, WALK, SHUFFLE STEP, WALK, WALK, SHUFFLE STEP

1-2 Walk R, walk L

3&4 Shuffle forward R L R

5-6 Walk L, walk R 7&8 Shuffle forward L R L

STEP PIVOT 1/4 X 2 (PADDLE STEPS), JAZZ BOX 1/4 TURN

1-2 Step forward R pivot ¼ left stepping on L (using hip motion) [9:00] 3-4 Step forward R pivot ¼ left stepping on L (using hip motion) [6:00]

5-8 Cross R over L, step L back, turn ½ right step R to side, step L slightly forward [9:00]

**** Add a forward rocking chair here during the 7th wall and continue with dance

STEP, HOLD, BALL STEP, TOUCH, STEP, HOLD, BALL STEP, TOUCH

1-2 Step R forward to right diagonal, hold [10:30]

&3-4 Step L together with R, step R forward, touch L beside R

5-6 Step L forward to left diagonal, hold [7:30]

&7-8 Step R together with L, step L forward, touch R beside L

TURN 1/8 LEFT STEP TOUCH, TURN 1/4 LEFT STEP TOUCH, HIP BUMPS R & L

1-2 Turn 1/8 left step R to side, touch L beside R (straighten up to wall) [6:00]

3-4 Turn ¼ left step L forward, touch R beside L [3:00]

5&6 Step R slightly forward bump hips R L R

7&8 Step L slightly forward bump hips L R L (weight to L)

BRIDGE / TAG (for Soul Man only): On the 7th wall (which starts the second time at 6:00), dance the first 16 counts (now facing 3:00), add a rocking chair, then Continue the dance with counts 17-32

1-4 Rock forward R, recover L, rock back R, recover L

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