What A Feeling



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Betsy Courant (USA) - July 2013

音樂: What a Feeling (feat. Kelly Rowland) (Radio Edit) - Alex Gaudino: (iTunes)



Dance starts on lyrics (count 33)

STEP FORWARD R, ROCK, RECOVER, BACK LOCK STEP, ROCK BACK, RECOVER, CHASSE WITH 1/4 TURN

1–3 On diagonal to 1:00 step Right forward, rock Left forward, recover Right
 4&5 Still facing 1:00, step Left back, cross Right over Left, step Left back (1:00)

6-7 Squaring up to 12:00 rock back Right, recover Left (12:00)

Step Right to right side, step Left next to Right, ¼ turn step Right forward (3:00)

STEP FORWARD L, ½ R PIVOT, ½ R SHUFFLE TURN, WALK BACK R, L, ROCK BACK, RECOVER

2-3 Step ball of Left forward, pivot ½ turn right cross Right slightly over Left (9:00)

4&5 ½ turn right shuffle step traveling back (Left, Right, Left) (3:00)

6-7 Walk back Right, Left

8& Rock back Right, recover Left

TOUCH STEPS R L, TOUCH RIGHT OUT, IN OUT, CROSS, TOUCH STEPS L R, TOUCH LEFT OUT, CROSS

Touch Right to right side, step Right next to Left, touch Left to left side, step Left next to Right

Touch Right to right side, touch Right in next to Left, touch Right to right side, cross Right

over Left

(easy option: Touch Right to right side [3], cross Right over Left [4])

Touch Left to left side, step Left next to Right, touch Right to right side, step Right next to Left

7-8 Touch Left to left side, cross Left over Right

ROCK, RECOVER, CROSS (TRAVELING FWD) (2X), BACK, CROSS, UNWIND FULL TURN/SWEEP, SAILOR STEP

Step Right to right side and slightly forward, recover Left, cross Right over Left
Step Left to left side and slightly forward, recover Right, cross Left over Right

&5 Step Right back, cross Left over Right

6-7 Making full turn, unwind ½ turn right (6), continue ½ turn right sweeping Right out (prep for

sailor step) (7)

(styling option [more difficult]: Hold on count 6; make quick, sharp full turn w/sweep on count 7)

8&(1) Cross Right behind Left, step Left next to Right, (step right forward on diagonal as count 1 of

new wall)

TAG: AT END OF WALL 3:(Square up to 12:00 of new wall 4, do not dance to the diagonal) STEP FWD R, ROCK L, RECOVER R, STEP BACK, 2 PIVOT TURNS LEFT

1–4 Step Right forward , rock Left forward , recover Right, step Left back (12:00)

5-6 Step Right forward pivot ½ turn left, step forward Left 7-8 Step Right forward pivot ½ turn left, step forward Left

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