If You Wanna Be Happy

級數: Beginner

編舞者: Roly Ansano (USA) - August 2013

音樂: If You Wanna Be Happy - Dr. Victor & The Rasta Rebels

Intro: 64 counts

MODIFIED BOX STEPS

拍數: 32

- 1&2 Step L to side, step R together, step L forward
- 3&4 Step R to side, step L together, step R back
- 5&6 Step L to side, step R together, step L forward
- 7&8 Step R to side, step L together, step R back

TOE STRUTS, MAMBO STEPS

- 1&2& Touch L toe forward, drop L heel, touch R toe forward, drop R heel
- 3&4 Rock L forward, recover to R, step L back
- 5&6& Touch R toe back, drop R heel, touch L toe back, drop L heel
- 7&8 Rock R back, recover to L, step R forward

SIDE-AND-SIDE, ROCK-AND-SIDE, WEAVE TO RIGHT, BEHIND-SIDE-TURN

- 1&2 Step L to side, step R together, step L to side
- 3&4 Rock R behind L, recover to L, step R to side
- 5&6& Cross L behind R, step R to side, cross L over R, step R to side
- 7&8 Cross L behind R, step R to side, turn 1/4 left and step L forward

ROCK-AND-ROCK-AND-SIDE-AND-SIDE

- Rock R forward, recover to L, rock R back, recover to L 1&2&
- 3&4 Step R to side, step L together, step R to side
- Rock L forward, recover to R, rock L back, recover to R 5&6&
- Step L to side, step R together, step L to side, step R together 7&8&

REPEAT

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牆數: 4