Wasting Tears

拍數: 32

級數: Intermediate

編舞者: Tim Gauci (AUS) - August 2013

音樂: Wasting All These Tears - Cassadee Pope : (Single - iTunes)

Start dance 16 beats in, on vocals.

[1-8] SIDE DRAG, ROCK, REPLACE, SIDE DRAG, BEHIND SWEEP, BEHIND, SIDE, CROSS, SIDE, BACK, HOOK, FWD, TOG 12.00

- 1 2&3 4 Step R to R dragging L tog, step L back, rocking weight fwd onto R (&) Step L to L dragging R tog, step R behind L sweeping L from front to back
- 5&6&7&8& Step L behind R, step R to R (&), cross L over R, step R to R (&), step L back, hook R heel to L shin (&), step R fwd, step L tog (&)

[9-16] FWD, PIVOT ½, TOG, FWD, PADDLE ¼, CROSS, SIDE, ROCK, CROSS, SIDE, ROCK, CROSS, SIDE 9.00

- 1 2&3 4 Step R fwd, pivot ½ turn L, step R tog (&), step L fwd, paddle ¼ R (weight on R) as a bit of styling flick to L heel out to the L side
- 5&6&7&8& Travelling fwd slightly Step L fwd and over R, step R to R (&), rock weight onto L, step R fwd and over L##, step L to L (&), rock weight onto R, cross L over R, step R to R (&)

[17-24] BACK, ROCK, ¼, BACK SWEEP, BACK SWEEP, SAILOR STEP DRAG, BEHIND, SIDE, CROSS, SIDE 12.00

- 1 2&3 4 Step L back, rock weight fwd onto R, making ¼ turn R step L back (&), Step R back sweeping L from front to back, step L back sweep R from front to back
- 5&6 7&8& Step R behind L, step L to L (&), step R to R, drag L behind R, step R to R (&), step L over R**, step R to R (&)

[25-32] CROSS, ROCK, SIDE, CROSS, ¼, ¼, TOUCH, FULL TURN L, SIDE, SWEEP, CROSS, BACK, SIDE, CROSS 6.00

- 1 2&3&4& Step L over R, rock weight onto R, step L to L (&), cross R over L, making ¼ turn R step L back (&), making ¼ turn R step R to R, touch L toe to L side (&)
- 5&6&7&8& Making full turn to L side stepping L,R (&), step L to L, sweep R around back to front (&), cross R over L, step L back (&), step R to R, step L over R (&)

[32 Beats] Repeat in new direction

Tag/Restart on wall 3 dance up to beat 14&## – add the following Step L to L, rock ¼ turn R to face the front, step L fwd, touch R tog – Restart dance

Restart on wall 6 dance up to beat 24** - restart dance facing front

Tag/Restart on wall 7 dance up to beat 14&## add the above tag/restart plus 2 hip sways R,L and then Restart dance

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牆數: 2