

Oxygen

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Yvonne Anderson (SCO) - September 2013
音樂: Oxygen - Maia Mitchell : (Album: Teen Beach Movie - iTunes)



Notes: Start on vocal. Special thanks to Monday night gang for their patience.

Restarts: during walls 4 and 9 dance through counts 1-16 then restart (facing 6 o'clock both times).

Music ends with a fade during counts 25-28 dance through to count 27, then step L to side, hold

[1-8] WALK FORWARD R & L, BALL STEP ¼ RIGHT, FRONT, SIDE, BEHIND, HEEL JACK

1-2 Walk forward R, L [12]
&3-4 (&) Step R beside left, Step L forward, Make ¼ right taking weight on R [3]
5-6 Step L across right, Step R to right [3]
7&8 Step L behind right, (&) Step R to right and slightly back, Touch L heel forward [3]

[9-16] STEP ½ LEFT, COASTER STEP, SHUFFLE FORWARD, STEP, TOUCH

&1-2 (&) Step L beside right, Step R forward, Make ½ turn pushing weight back on R [9]
3&4 Step L back, (&) Step R beside left, Step L slightly forward [9]
5&6 Shuffle forward stepping R, L, R [9]
7-8 Step L forward, Touch R beside left [9]

***Restart, during walls 4 and 9 dance through counts 1-16 then restart (facing 6 o'clock both times).

[17-24] SYNCOPATED MONTEREY ½ RIGHT, CROSS, ¼ LEFT, SHUFFLE ½ LEFT

1-2 Rock R to right, Recover weight on L [9]
&3-4 (&) Make ½ turn right stepping R beside left, Rock L to left, Recover weight on R [3]
5-6 Step L across right, Make ¼ turn left stepping R back [12]
7&8 Make ½ turn left stepping L,R,L [6]

(non-turning alternate counts 5-8 cross front ,side, behind-side cross)

[25-32] ¼ LEFT, HITCH-BALL-CROSS, UNWIND ½ LEFT, SHUFFLE BACK, ½ TURN RIGHT, TOGETHER

1 Make ¼ turn left stepping R to side [3]
2&3 Hitch L knee across right, (&) Step ball of L to left, Step R across left [3]
4 Unwind ½ turn left weight ends on R [9]
5&6 Shuffle back stepping L,R, L [9]
7-8 Make ½ turn right stepping R forward, Step L beside right [3]

Repeat

Contact - Email: elyron@hotmail.co.uk