Paint Fade

拍數: 32

級數: Easy Intermediate

編舞者: Terry Rauhihi (NZ) - September 2013

音樂: Paint Fade (feat. Drew) - Smashproof

Intro: 32 Counts (From When Strong Beat Commences)

SIDE ROCK, DIAGONAL KICK – BALL – STEP, CROSS ROCK, SHUFFLE ¼ TURN

- 1 2 3 & 4Rock Right To Side, Recover Onto Left, On Left Diagonal Kick Right Forward (3), Close Right Beside Left (&), Step Forward On Left (4) (11 O'Clock)
- 5 6 7 & 8Rock Right Over Left, Recover Onto Left, Making 1/4 Turn Right Shuffle Forward Stepping Right (7) – Left (&) – Right (8)

SIDE ROCK, DIAGONAL KICK - BALL - STEP, ROCK RECOVER, COASTER

- 1 2 3 & 4Rock Left To Side, Recover Onto Left, On Right Diagonal Kick Left Forward (3), Close Left Beside Right (&), Step Forward On Right (4) (4 O'Clock)
- 5 6 7 & 8Rock Forward On Left, Recover Onto Right, Step Back On Left (7), Close Right Beside Left (&), Step Forward On Left (8)

(Straightening Up To 3 O' Clock On Count 5)

ROCK RECOVER, SHUFFLE ½ TURN, SIDE ROCK, BEHIND – SIDE – CROSS

- Rock Forward On Right, Recover Onto Left, Making ½ Turn Right Shuffle Forward Stepping 1 - 2 - 3 & 4Right (3) – Left (&) – Right (4)
- 5 6 7 & 8Rock Left To Side, Recover Onto Right, Cross Left Behind Right (7), Step Right To Side (&), Cross Left Over Right (8)

ROCK RECOVER, SHUFFLE ½ TURN, SIDE ROCK, BEHIND – SIDE – CROSS

- 1 2 3 & 4Rock Forward On Right, Recover Onto Left, Making 1/2 Turn Right Shuffle Forward Stepping Right (3) – Left (&) – Right (4)
- Rock Left To Side, Recover Onto Right, Cross Left Behind Right (7), Step Right To Side (&), 5 - 6 - 7 & 8Cross Left Over Right (8) (3 O'Clock)

REPEAT

This Dance Is Dedicated To My Whanau Back Home, Thinking Of You Always. When I Heard This Song It Made Me Think Of You All.

Arohanui & Big Kisses!!





牆數:4