Nothin's Gonna Stop Us



拍數: 32 牆數: 4 級數: Easy Improver

編舞者: Peter Davenport (ES) - September 2013

音樂: Nothing's Gonna Stop Us Now - Starship: (4:36)



32 Count Intro, Start on main vocals, approx 22 seconds,

[1-8] Side Back Rock Replace, Shuffle 1/4 L, Walk, Step Pivot 1/2 R

1,2,3 Step R to R, Rock L behind R, Recover on R * W/3&8/T/R [12]

4&5 Shuffle ¼ L, L,R,L [9] 6 Walk forward on R

7,8 Step forward on L, Pivot ½ R *W/5&12/T/R [9]

[9-16] Modified Figure Of 8, ¼ Behind ¼ Step ½ Reverse ½ Walk Back

5,6 Pivot ½ L weight on L, Reverse ½ L step back on R

7,8 Walk back L,R [3]

[17-24] Side Together Shuffle Forward, Side Together Shuffle Forward

1,2 Step L to L, Bring R to L
3&4 Shuffle forward L,R,L
5,6 Step R to R, Bring L to R
7&8 Shuffle forward R,L,R

[25-32] Rock Replace, Sailor 1/4 L, Step 1/4 L, Step 1/4 L

1,2 Rock forward on L, Recover on R [3]

3&4 Sailor ¼ L [12]

5,6 Step on R, Pivot ¼ L [9] 7,8 Step on R, Pivot ½ L [3]

*Restart & Tag: Walls 3 & 8

Dance up to and including 1,2,3 on section 1, Tag + add step L to L side, Restart the dance from count 1,

*Restart & Tag: Walls 5 & 12

Dance up to and including count's 6,7, HOLD for 1 count,

Restart the dance from count 1,

The music was hard to get hold of so I can only suggest you try ITUNES, the track I have cannot be shared my apologies,

Contact - peterdavenport@hotmail.com

[&]quot;Sorry" for the Tag's & Restart's guys but it was better to try and keep the tempo going,