Stop Me Now

拍數: 32	牆數: 4	級數: Improver

編舞者: Maggie Gallagher (UK) - August 2013

音樂: Can't Stop Me Now - Rod Stewart

Intro: 32 counts from start of vocals

S1: ROCK, ROCK & ROCK, ROCK, BACK, TOUCH, KICK BALL CROSS

1-2	Rock forward on right, Recover on left
&3-4	Step right next to left, Rock forward on left, Recover on right
5-6	Step back left, Touch right next to left
7&8	Kick right forward, Step right next to left, Cross left over right

S2: SIDE, TOUCH, KICK BALL CROSS, CHASSE L, ROCK BACK

1-2	Step right to right side, Touch left next to right
3&4	Kick left forward, Step left next to right, Cross right over left
5&6	Step left to left side, Step right next to left, Step left to left side
7-8	Rock back on right, Recover on left *Restart Wall 4

S3: CHASSE R, ROCK BACK, SIDE ROCK, BEHIND SIDE FWD

1&2	Step right to right side, Step left next to right, Step right next to left
3-4	Rock back on left, Recover on right
5-6	Rock left to left side, Recover on right
7&8	Cross left behind right, Step right to right side, Step forward left

S4: STEP ½ PIVOT, STEP ¼ PIVOT & JUMP, WALK, L SHUFFLE FWD

1-2	Step forward right, ½ pivot left [6:00]
3-4	Step forward right, ¼ pivot left [3:00]
&5-6	Jump forward right, Jump forward left,Walk forward right
7&8	Step forward left, Step right next to left, Step forward left

TAG: End Wall 2 [6:00] & end of Wall 6 [3:00]

1-2	Rock forward on right, Recover on left,
3-4	Rock back on right, Recover on left

RESTART: Wall 4 after 16 counts [9:00]

TAG: End Wall 10 [3:00]

1-2	Rock forward on right, Recover on left
3-4	Rock back on right, Recover on left
5-6	Step forward right, ½ pivot left
7-8	Step forward right, ½ pivot left

Last Revision - 19th Sept 2013