Yi Ge Ren



拍數: 48 牆數: 4 級數: Beginner - waltz

編舞者: Eng Wei Siang (MY) - September 2013 音樂: Yi Ge Ren Bu Ke Neng by Ding Dang



Intro: Start on vocal, approx 23 seconds - Note: This is a CW dance.

SEC 1: R BACK TWINKLE, L BEHIND, 1/4 R, 1/4 R

1-3 Cross RF behind LF, rock LF to L side, recover weight on RF (12.00)

4-6 Cross LF behind RF, turn ¼ R stepping RF forward, turn ¼ R stepping LF to L side (6.00)

SEC 2: R BACK TWINKLE, L BEHIND, 1/4 R, L FORWARD

1-3 Cross RF behind LF, rock LF to L side, recover weight on RF (6.00)

4-6 Cross LF behind RF, turn ¼ R stepping RF forward, step LF beside RF (9.00) ***

SEC 3: R FORWARD, HITCH, L KICK, L COASTER STEP

1-3 Step RF forward, low hitch on LF, kick LF forward (9.00)4-6 Step LF back, step RF beside LF, step LF forward (9.00)

SEC 4: R PIVOT ½ L, FULL TURN L, R FORWARD

1-3 Step RF forward, turn ½ L slowly for 2 counts – weight on LF (3.00)

4-6 Turn ½ L stepping RF back, turn ½ L stepping LF forward, step RF forward (3.00)

SEC 5: FORWARD BASIC, BACK BASIC

1-3 Step LF forward, step RF beside LF, step LF in place (3.00)
4-6 Step RF back, step LF beside RF, step RF in place (3.00)

SEC 6: L CROSS TWINKLE, R CROSS TWINKLE

1-3 Cross LF over RF, rock RF to R side, recover weight on LF (3.00)
 4-6 Cross RF over LF, rock LF to L side, recover weight on RF (3.00)

SEC 7: L FORWARD, R SWEEP 1/4 L, R CROSS WEAVE

1-3 Step LF forward, turn ¼ L sweeping RF from back to front for 2 counts (12.00)

4-6 Cross RF over LF, step LF to L side, cross RF behind LF (12.00)

SEC 8: 1/4 L, R PIVOT 1/2 L, SLOW SPIRAL FULL TURN R, SWEEP

1-3 Turn ½ L stepping LF forward, step RF forward, turn ½ L (3.00)

4-6 Weight on LF – make a full turn over R shoulder and sweep RF from front to back for 3

counts (3.00)

Tag (At the end of Wall 2)

6 COUNTS - R BACK ROCK SIDE, L BACK ROCK SIDE

1-3 Rock RF behind LF, recover weight on LF, step RF to R side4-6 Rock LF behind RF, recover weight on RF, step LF to L side

Restart: During Wall 5, dance till 16 counts and begin again.

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