

Nightingale

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Kim Liebsch (DK) - September 2013
音樂: Nightingale - Demi Lovato



Intro: 8 counts after first beat (appr. 7 seconds) - Start with weight on R foot

Restart: on wall 2 after 32 counts *

#1 section: Step, kick ball back, coaster step, step turn point, full turn

1 Step fw. on L 12:00
2&3 Kick R fw, step R beside L, step back on L 12:00
4&5 Step back on R, step L next to R, step fw. on R 12:00
6&7 Step fw. on L, make ½ turn R stepping fw. on R, point L fw. 6:00
8&1 Step down on L, make ½ turn L stepping back on R, make ½ turn L stepping fw. on L 6:00

#2 section: 2 X mambo, cross back back, cross back, side ¼ turn

2&3 Rock fw. on R, recover on L, step back on R 6:00
4&5 Rock back on L, recover on R, step L next to R 6:00
6&7& Cross R over L, step back on L, step back on R, cross L over R 6:00
8&1 Step back on R, step L to L side, make ¼ turn L, stepping R to R side 3:00

#3 section: 2 X basic nightclub, step turn step, full turn, ¼ turn

2&3 Close L behind R, cross R over L, step L to L side 3:00
4&5 Close R behind L, cross L over R, step fw. on R 3:00
6&7 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L 9:00
8&1 Make ½ turn L stepping back on R, make ½ turn L stepping fw. on L, make ¼ turn L stepping R to R side 6:00

#4 section: 2 X basic nightclub, step turn step, ½ turn back rock, step side

2&3 Close L behind R, cross R over L, step L to L side 6:00
4&5 Close R behind L, cross L over R, step fw. on R 6:00
6&7 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L 12:00
8&8&1 Make ½ turn L stepping back on R, rock back on L, recover on R * (restart on wall 2), step L to L side 6:00

#5 section: 2 steps in place step, side 2 steps in place step, step ¼ cross, ¼ turn, ½ turn, step

2&3 Step R beside L, step L beside R, step R to R side 6:00
4&5 Step L beside R, step R beside L, step fw. on L 6:00
6&7 Step fw. on R, make ¼ turn L putting weight on L, cross R over L 3:00
8&1 Make ¼ turn R stepping back on L, make ½ turn R stepping fw. on R, step fw. on L 12:00

#6 section: 2 X cross rock side, Sailor ½ turn, full turn

2&3 Cross R over L ,recover on L, step R to R side 12:00
4&5 Cross L over R, recover on R, step L to L side 12:00
6&7 Sweep/cross R behind L, ½ turn R stepping L to L side, cross R over L (prep) 6:00
8& Make ½ turn L stepping fw. on L, make ½ turn L stepping back on R (on spot) 6:00

Good Luck & N' joy!

Contact: liebsch@ymail.com

Last Revision - 7th Nov 2013

