Aw Naw

COPPER KNOB

拍數: 48 **牆數:**2 編舞者: Darren Bailey (UK) - October 2013

音樂: Aw Naw - Chris Young

| Walk R, L, Anchor step, Back, Back, Sailor 1/2 L (finishing in Check Position). | |
|--|--|
| 1-2 | Step forward on Rf, step forward on Lf |
| 3&4 | Step Rf behind Lf, change weight onto Lf, change weight onto Rf |
| 5-6 | Step diagonally back on Lf, step diagonally back on Rf (5-6 bending and pointing knees out) |
| 7&8 | Make a 1/4 turn L crossing Lf behind Rf, make a 1/4 turn L stepping Rf to R side, step |
| | forward on Lf (finishing in a check position) |
| 1/2 turn R, 3/4 turn R with sweep, Behind, Side, Cross, Rock L, Recover, Behind, Side, Cross. | |
| 1-2 | Make a 1/2 turn R and step forward on Rf, make a 1/2 turn R closing Lf next to Rf sweeping Rf around. |
| 3&4 | Contine sweeping Rf around making a 1/4 turn R and cross Rf behind Lf, step Lf to L side, cross Rf over Lf |
| 5-6 | Rock Lf to L side, recover onto Rf |
| 7&8 | Cross Lf behind Rf, step Rf to R side, cross Lf over Rf |
| Jump In, Out, Hips L, R, R Sailor step, Cross, 1/4 turn R. | |
| &1 | Jump closing both feet together, jump both feet apart |
| 2&3& | Sway or Roll hips to L, recover to centre, sway or roll hips to R, recover to centre (2&3& |
| | should be danced as a smooth grind of the hips) |
| 4&5 | Step Rf behind Lf, close Lf next to Rf, step Rf to R side (Body to finish facing R diagonal) |
| 6-7 | Cross Lf over Rf, make a 1/4 turn L stepping back on Rf |
| 3/4 triple turn L, Rock R, Recover, Close, Touch Lf front, Side, Sailor 1/4 turn L. | |
| 8&1 | Make a 1/4 turn L and step Lf to L side, make a 1/4 turn L closing Rf next to Lf, make a 1/4 turn L and cross Lf over Rf |
| 2-3-4 | Rock Rf to R side, recover onto Lf, step Rf next to Lf |
| 5-6 | Touch L toe forward, touch Lf to L side |
| 7&8 | Make a 1/4 turn L stepping Lf behind Rf, close Rf next to Lf, step forward on Lf |
| Walk R, L, R shuffle forward, 1/2 turn Pivot R, Shuffle 1/2 turn R (or 1 and 1/2 turn R) | |
| 1-2 | Step forward on Rf, step forward on Lf |
| 3&4 | Step forward on Rf, close Lf behind Rf, step forward on Rf |
| 5-6 | Step forward on Lf, make a 1/2 pivot turn R |
| 7&8 | Making 1/4 turn R step Lf to L side, ,close Rf next to Lf making a 1/4 turn R, step back on Lf |
| Back rock R, Recover, R Shuffle forward, Kick, close, Rock R, Recover, Cross, Rock, Recover, Step. | |
| 1-2 | Rock back on Rf, recover onto Lf |
| 3&4 | Step forward on Rf, close Lf behind Rf, step forward on Rf |
| 5&6& | Kick Lf forward, step down onto Lf, Rock Rf to R side, recover onto Lf |
| 7&8& | Cross Rf over Lf, Rock Lf to L side, recover onto Rf, step forward on Lf |
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級數: Intermediate

