Zombie Thriller

拍數: 48

級數: Intermediate

編舞者: Amanda Andrews (USA) - October 2013

音樂: Thriller - Michael Jackson

RIGHT SIDE STEP, HIP THRUSTS, RIGHT SIDE STEP, HIP THRUSTS

1 & 2Step right to side while thrust pelvis forward, thrust pelvis back, thrust pelvis forwardSpread right arm forward, left arm behind you (hands in claws) while upper body & head twisted to left&3&4Thrust pelvis back, bring left together while thrust pelvis forward, thrust pelvis back, thrust

pelvis back Spread right arm forward, left arm behind you (hands in claws) while upper body & head twisted to left

- 5 & 6 Step right to side while thrust pelvis forward, thrust pelvis back, thrust pelvis forward
- &7&8 Thrust pelvis back, bring left together while thrust pelvis forward, thrust pelvis back, thrust pelvis back

ROCK RIGHT FORWARD, ROCK RIGHT BACK, ½ TO THE LEFT, STOMP RIGHT, STOMP LEFT

- 1 2 Rock right forward, recover to left
- 3 4 Rock right back, recover to right
- 5-6 Step right forward, $\frac{1}{2}$ turn to the left (end with weight on left)
- 7 8 Stomp right together, stomp left in place

RIGHT SIDE STEP, HIP THRUSTS, RIGHT SIDE STEP, HIP THRUSTS

1 & 2 Step right to side while thrust pelvis forward, thrust pelvis back, thrust pelvis forward

- Spread right arm forward, left arm behind you (hands in claws) while upper body & head twisted to left
- &3&4 Thrust pelvis back, bring left together while thrust pelvis forward, thrust pelvis back, thrust pelvis back
- Spread right arm forward, left arm behind you (hands in claws) while upper body & head twisted to left
- 5 & 6 Step right to side while thrust pelvis forward, thrust pelvis back, thrust pelvis forward
- &7&8 Thrust pelvis back, bring left together while thrust pelvis forward, thrust pelvis back, thrust pelvis back

ROCK RIGHT FORWARD, ROCK RIGHT BACK, ½ TO THE LEFT, STOMP RIGHT, STOMP LEFT

- 1 2 Rock right forward, recover to left
- 3 4 Rock right back, recover to right
- 5-6 Step right forward, $\frac{1}{2}$ turn to the left (end with weight on left)
- 7 8 Stomp right together, stomp left in place

WALK, WALK, WALK, TOUCH, WALK, WALK, WALK, TOUCH

1 – 2 Step right forward, step left forward

Arms $\frac{1}{4}$ turn angles (elbows at side), hands in claws, brings claws across body to right side, then left side 3-4 Step right forward, touch left to side

Arms ¼ turn angles, hands in claws, brings claws across body to right side, bring claws up to the left in the air, head look at the claws

5 – 6 Step left back, step right back

Arms ¼ turn angles(elbows at side), hands in claws, brings claws down & across body to right side, then left side

7 – 8 Step left back, touch right to side, with right knee bent

Arms 1/4 turn angles, hands in claws, brings claws across body to right side, then left side

HIP THRUSTS, ¼ TO THE RIGHT JAZZ BOX

- 1 & 2 Tilt pelvis upward to right, tilt pelvis back to left, tilt pelvis upward to right
- &3&4 Tilt pelvis back to left, tilt pelvis upward to right, tile pelvis back to left, tilt pelvis upward to right

Arms 1/4 turn angles, hands in claws, brings claws across body to right, left, right, left, right, left, right (with





牆數:4

hips)

- &5-6 Tilt pelvis back to left, cross right over left, step left back making ¼ turn to the right
- 7 8 Step right to side, bring left together

REPEAT

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