

Boom Clap 24/7

COPPER KNOB
STEPSHEETS

拍數: 80
編舞者: Pooi Kuan (MY) - August 2013
音樂: 24/7 - 2Yoon

牆數: 4

級數: Phrased Intermediate



Sequence: Intro AAB AAB Aa Tag B

Dance starts after 8 counts

INTRO:

1 2 3 4 R Hip Bump 2x, L Hip Bump 2x
5 6 7 8 R Jazz Box

PART A - 32 counts

Section 1 : R Cross & Heel, Unwind Full Turn, Side Mambo

1&2& 3 4 RF cross over LF, Step LF to L, RF Heel ,RF Step , Step LF Over RF, RF to R,
5 6 7 8 LF touch behind RF, L full turn weight on LF, RF Step to R recover touch beside L

Section 2 : Cross Touch 2x, Walk Back

1 2 3 4 RF cross over L, LF touch to L, LF cross over R, RF touch beside R,
5 6 7 8 Walk back on R,L,R,L

Section 3 : Step On Ball, Hip Bump

1&2&3&4& Step on Ball RLRLRLRL,
5 6 7 8 Step RF to R with R hip bump twice, L hip bump twice

Section 4 : ¼ turn Hip Bump 2x, Step On Ball, Jump Apart ,Hold.

1& 2 3& 4 1/4L turn RF to R with R hip bump, 1/4L turn LF to L with L hip bump
5&6& 7 8 Step On Ball RLRL, (7)Jump Apart, (8) hold

PART B - 48 counts

Section 1 : Hip Bump, Small steps on the spot (with hand movement)

1&2&3&4& Hip bumps RLRLRLRL with both hands roll in 4 times
5&6&7&8 Step On Ball of feet RLRLRLR and clap hands in clockwise circle from 6:00

Section 2 : Hip Bump, Small steps on the spot (with hand movement)

1&2&3&4& Hip bumps RLRLRLRL with both hands 'W' figure - R hand roll out 4 times
5&6&7&8 Step On Ball of feet RLRLRLR and clap hand clockwise circle from 6:00

Section 3 : Repeat PART B Section 1

Section 4 : Slide, Hip Roll, Kick Ball Change

1 2 3 4 Step LF to L & draw RF together, Body Roll down up,
5&6 7&8 Kick RF, step on ball of RF, Step LF in place - twice

Section 5 : Side Touch with Clap (Double)

1 2 3 4 Touch RF to R, Step RF beside L and clap hands- twice
5 6 7 8 Touch LF to L, Step LF beside L with Clap hand - twice

Section 6: Side Touch with Clap (Single), Free Pose

1 2 Touch RF to R, Step RF beside L and Clap hand once
3 4 Touch LF to L, Step LF beside L and Clap hand once
5 6 7 8 Free pose hold with weight on R, Free pose hold with weight on L

'a: repeat part A - sec 3 & sec 4
Tag: Hold 8 counts

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