People Like Us

拍數: 64

級數: High Beginner

編舞者: Cindy Lee (NZ) - August 2013

音樂: People Like Us - Kelly Clarkson

Dance starts after 32 counts (at start of vocals)

Section 1 - Step Touch, Step Kick, Step Touch, Step Touch	
1 – 2	Step RF to right (with body roll), Touch LF beside RF
3 - 4 (Option : Step	Step LF to left (with body roll), Kick RF diagonally right (throwing both hands up in a V-shape) LF to Left (with body roll), Touch RF beside LF)
5-6	Step RF back (hands crossed at chest), Touch LF forward (throw both hands down to side)
7 – 8	Step LF forward (hands crossed at chest), Touch RF beside L (throw both hands down to
	side) (12:00)
Section 2 – Step Cross, Full Turn Unwind, Forward Toe Struts (12:00)	
1	Step RF to right (hands stretch out to side at shoulder level)
2	Cross LF over RF (bring both hands in to the back of head)
3 – 4	Full turn unwind to Right (weight on LF) (stretching both hands up and down the sides like a fan)
5 – 8	RF toe strut, LF toe strut (snap fingers while swing arms R & L) (12:00)
Section 3 – Jazz Box ¼ Turn x 2	
1 – 4	Cross RF over LF, Step LF back, ¼ turn stepping RF to right, Step LF forward (3:00)
5 – 8	Repeat Steps 1-4 (6:00)
Section 4 – Step Touch, Back Hitch, Out Out, In In	
1 – 2	Step RF forward (shimmy), Touch LF beside RF (shimmy)
3 – 4	Step LF back (shimmy), Hitch RF knee (pose - L hand bend at chest & R hand bend above head)
5	Step RF diagonally forward (stretching R hand up),
6	Step LF to L (stretching L hand up),
7	Step RF back (R arm behind head, L arm in front),
8	Step LF beside RF (R & L hands change place) (6:00)
Section 5 - Right & Left Forward Diagonal Lock Steps	
1-2	Step RF forward to R diagonal , lock LF behind RF (both hands moving up 4 counts)
3&4	Step RF forward to R diagonal, lock LF behind RF, step RF forward to R diagonal
5-6	Step LF forward to L diagonal, lock RF behind LF (both hands moving down 4 counts)
7&8	Step LF forward to L diagonal, lock RF behind L, Step LF forward to L diagonal (6:00)
Section 6 – Jazz Box, Rolling Vine Right, Brush	
1 – 4	Cross RF over LF, Step LF back, step RF to right, Touch LF beside RF (6:00)
5 – 8	Turn ¼ left & step LF forward, Turn ½ left & Step RF back, Turn ¼ left, & Step LF to left side Turn 1/4 left & brush RF (3:00)
Caption 7 Decking Chair	

Section 7 – Rocking Chair

- 1 4 Rock RF forward, Recover on LF, Rock RF back, Recover on LF
- 5 8 Repeat Steps 1-4 (3:00)

Section 8 - Rock Forward, 1/2 R Shuffle, Rock Forward, Coaster Step

- 1-2 Rock RF forward, Recover on LF
- 3&4 Turn 1/2 R & Shuffle Forward RLR





牆數:4

5-6 Rock LF forward, Recover on RF

7&8 Step LF back, Step RF together, Step LF forward (9:00)

Happy dancing!

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