

# I Dance Alone

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Aric Lemieux (USA) - October 2013  
音樂: No Pares de Bailar - Ambar



## Right Samba, Left Samba, Right Wizard Step, Left Wizard Step

- 1&2      Cross right over left, Recover left, Step right to right
- 3&4      Cross left over right, Recover right, Step left to left
- 5      Step right forward
- 6&      Step left behind right, step right forward
- 7      Step left forward
- 8&      Step right behind left, step left forward

## Rock Right Forward, Recover Left, Triple 1/2 turn (6:00) Right-Left-Right, Rock Left Forward , Recover Right, Left Turning Sailor Step 1/4 Turn Left (3:00)

- 1      Rock forward on right
- 2      Recover on left
- 3&4      Triple in place turning 1/2 right to 6:00
- 5      Rock forward on left
- 6      Recover on right (sweeping left foot behind right)
- 7&8      Step left behind right, change weight to right (turning 1/4 left to 3:00), left step together

## 3 "Cuban" Pivot Turns Left, Right Step, 3 "Cuban" Pivot Turns Right, Left Step

- 1&2&3&      Keeping left foot in place, repeatedly roll the right hip while doing a half turn left (replacing weight to left on the & counts)
- 4      Step right next to left
- 5&6&7&      Keeping right foot in place, repeatedly roll the left hip while doing a half turn right (replacing weight to right on the & counts)
- 8      Step left next to right

## Right Hip Swaying Rocking Chair, 1/4 Pivot Turn Left, 1/4 Pivot Turn Left.

- 1, 2      Rock forward on right (hip swing right), recover left (hip swing left)
- 3, 4      Rock back on right (hip swing right), recover left (hip swing left)
- 5, 6      Step forward right 1/4 turn left with hip swing right, change weight to left
- 7, 8      Step forward right 1/4 turn left with hip swing right, change weight to left

**Repeat**

**Choreographer's note: Move those hips!**

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