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拍數: 64 牆數: 2 級數: Intermediate 編舞者: Hazel Pace (UK) - October 2013 音樂: Bonfire Heart - James Blunt: (Bonfire Heart - EP - iTunes) Intro: 8 Counts - Just before Vocals. (116 BPM). [1 – 8] Side Behind Kick & Cross, Rock Recover, Behind Side Cross. Step right to right side, left behind right. Kick right foot forward, right beside left, cross left over right. Rock right to right side, recover on left. Right behind left, left to left side, cross right over left. [9 – 16] Step Together, Crossing Shuffle, Rock Recover, Behind 1/4 Turn Left. Step left to left side, step right beside left. Cross left over right, right to right side, cross left over right. Rock right to right side, recover on left. Step right behind left, make 1/4 turn left stepping forward on left. (9.00). [17 – 24] Right Shuffle, Rock Recover, 1&1/2 Turns Left. (Moving Back) Step forward on right, left beside right, forward on right. Rock forward on left, recover on right. Make 1/2 turn left stepping forward on left, 1/2 turn left stepping back on right. Make 1/2 turn left stepping forward on left, step forward on right. (3.00). (Alternative for Counts 5 – 6. Walk back o Left, Right.) [25 – 32] Rock Recover, Behind Side Cross, Rock Recover, Behind Side Cross. Rock forward on left, recover on right. Step left behind right, right to right side, cross left over right. Rock right to right side, recover on left. Step right behind left, left to left side, cross right over left. [33 – 40] Side Shuffle, Cross Rock Recover, Side Rock Recover, Right Sailor Step. Step left to left side, right beside left, left to left side. Cross rock right over left, recover on left. Rock right to right side, recover on left. Right behind left, left beside right, right to right side. [41 – 48] Behind Unwind 3/4 Turn Left, Step Lock, Step Lock Step, Rock Recover. Left behind right, unwind 3/4 turn left. (Weight on Left). (6.00). Step forward on right, lock left behind right. Step forward on right, lock left behind right, forward on right. Rock forward on left, recover on right. [49 – 56] 1/4 Side Shuffle Left, Cross Rock Recover, Side Shuffle, Cross Rock Recover. Make 1/4 turn left to left side, right beside left, left to left side. (Side Shuffle 3.00) (Alternative for 1 & 2. Triple Step Making 1&1/4 Turns on Left, Right, left). Cross rock right over left, recover on left. Step right to right side, left beside right, right to right side. Cross rock left over right, recover on right.

[57 – 64] Side Rock Recover, Left Sailor 1/4 Turn Left, 1/2 Turn Left, Sweep, Left Sailor Cross.

1 - 2Rock left to left side, recover on right.

- 3 & 4 Make 1/4 turn left stepping left behind right, right in place, left slightly forward. (12.00).
 5 6 Make 1/4 turn left stepping back on right, sweep left round behind right.
- 7 & 8 Step left behind right, right beside left, cross left over right. (6.00).

RESTART: Wall 5 at Front. Dance Counts 1 to 4 only. - Start Again.

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