拍數： 32
俈數： 2
級數：Newcomer－Contra
編舞者：David Linger（FR）－December 2012
音樂：Z Dance－Collectif Métissé ：（Single）

Updated translation by the choreographer－September，2013，21th－No Tag，No Restart
Position The odd columns facing 6：00，the even columns facing 12：00．
Column 1 dances with column 2，column 3 with 4 ，etc．．The steps of the dance are the same for all the columns but you have a partner on your right side and will always dance in his（her）company．Good Luck ！！！ Specially choreographed for the Club « 3 Mares Danse »－（Reunion Island 974）

Start ： $2 \times 8$ counts，letter « $B$ » of the word ：Z U M B A at 7 seconds．．．
3 Walks Forward with Hands Up，L Hitch， 3 Walks Backward，R Touch
1 － $3 \quad 3$ walks（R－L－R）forward（stepping away from your partner）
Style ：Arms up and clic fingers during each step
4 L Hitch
Style ：Squeeze fists，and return them shoulder－high by bending your elbows
$5-8 \quad 3$ walks backward（L－R－L），R touch next to $L$（returning to your partner）
Option ： 4 small jumps like Zumba Style！！！
R Vine，L Touch，L Step Forward， $1 / 2$ Step Turn Right Twice
1－4 $4 \quad$ step to right side，$L$ step cross behind $R, R$ step to right side，$L$ touch next to $R$
Note：Columns 1 and 2， 3 and 4，etc．．cross to the opposite side（you pass in front of your partner）
Option ：Rolling Vine to the left
5－6 L step forward， $1 \not 2$ turn right（weight on $R$ ）
7－8 L step forward， $1 \not 2$ turn right（weight on $R$ ）
Option ：Push your body forward like Zumba Style（on counts 5 et 7）
L Side，R Together，L Side，R Touch，R Side，L Touch，L Step in Place，R Touch
1－2 Small $L$ step to left side，$R$ together
3－4 Small $L$ step to left side，$R$ touch next to $L$
Note：Columns 1 and 2， 3 and 4，etc．．meet each other to make a single line ，you are facing your partner
$5-6 \quad R$ step to right side by bending knees，straighten legs and touch $L$ in place
7－8 L step to left side by bending knees，straighten legs and touch $R$ in place
Option ：Movements of arms like Zumba Style ！！！
4 Walks with $1 / 2$ Turn Right，R Rocking Chair
$1-4 \quad 4$ steps by turning gradually $1 / 2$ turn to the right side
Note ：Take the right arm of your partner（arm in arm）．The odd columns are facing 12：00，the even ones facing 6：00，you take the place of your partner．
The odd columns are now evens until the Restart of the dance，and return to their original place．
5－8 R step forward（rock），recover on L，R step back（rock），recover on L
Option ：Jumping rocksteps like Zumba Style ！！！

## BE COOL，SMILE \＆HAVE FUN ！！！

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