

Don't Stop

拍數: 32 牆數: 4 級數: Improver
編舞者: Craig Bennett (UK) - October 2013
音樂: Don't Stop - Fleetwood Mac : (CD: Rumours)



Start on vocals - One Restart during Wall 3

Section 1: Side Touch x 2, Kick Ball Change, Walk x 2

- 1 – 2 Step right to right side. Touch left beside right.
- 3 – 4 Step left to left side. Touch right beside left.
- 5 & 6 Kick right forward. Step down on right. Step left beside right.
- 7 – 8 Walk forward right. Walk forward left.

Section 2: Forward Rock, Coaster Step, Forward Rock, Shuffle 1/2 Turn

- 1 – 2 Rock forward on right. Recover onto left.
- 3 & 4 Step right back. Step left beside right. Step right forward.
- 5 – 6 Rock forward on left. Recover onto right.
- 7 & 8 Shuffle step 1/2 turn left, stepping - left, right, left. (6:00)

Restart Wall 3: Start the dance again from the beginning.

Section 3: Cross, Side, Sailor Step, Cross, Side, Sailor 1/4 Turn

- 1 – 2 Cross right over left. Step left to left side.
- 3 & 4 Cross right behind left. Step left to left side. Step right to place.
- 5 – 6 Cross left over right. Step right to right side.
- 7 & 8 Cross left behind right. Turn 1/4 right stepping right forward, Step left beside right.

Section 4: Rocking Chair, Step Pivot 1/4 x 2

- 1 – 4 Rock forward on right. Recover onto left. Rock back on right. Recover onto left.
 - 5 – 6 Step right forward. Pivot 1/4 turn left.
 - 7 – 8 Step right forward. Pivot 1/4 turn left. (3:00)
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