Sio Mama

拍數: 32

級數: Intermediate

編舞者: Rini Hukom (INA) - November 2013

音樂: Sio Mama - Nanaku

Intro : 16 counts

SIDE, CROSS, RECOVER, SIDE, CROSS, RECOVER, ROCK, RECOVER, ¼ TURN, FORWARD,

FORWARD, CLOSE

- 1&2 Step R to right side, cross L behind R, recover on R
- 3&4 Step L to left side, cross R behind L, recover on L
- 5&6 Rock R forward, recover on L, turn ¼ right step R forward
- 7&8 Step L forward, step R forward, step L next to R

CROSS, SIDE, CROSS, SIDE, CROSS, SIDE, CROSS, RECOVER, SIDE, CROSS, RECOVER, ¼ TURN SLIDING, TOUCH

- 1&2 Cross R behind L, step L to left side, cross R over L
- &3 Step L to left side, cross R behind L
- &4 Step L to left side, cross R over L
- 5&6 Recover on L, step R to right side, cross L over R
- 7&8 Recover on R, ¼ turn left sliding L to left side, touch on R

RUMBA BOX, ROCK, RECOVER, SIDE, TOUCH

- 1&2 Step R to right side, step L next to R, step R forward
- 3&4 Step L to left side, step R next to L, step back on L
- 5 6 Rock side on R, recover on L
- 7 8 Step R to right side, touch on L

CHASSE, ¾ UNWIND, ROCK, RECOVER, ¼ TURN, MAMBO

- 1&2 Step L to left side, step R next to L, step L to left side
- 3 4 ³⁄₄ turn left R toe touch cross L
- 5&6 Rock forward on R, recover on L, ¹/₂ turn right step R forward
- 7&8 Rock forward on L, recover on R, step L next to R

TAG : After wall 5

- 1&2 Rock forward on R, recover on L, ¼ turn right step R to right side
- 3&4 Cross L over R, recover on R, ¼ turn left step L forward.

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牆數:4