Ohh La La (The Smurfs 2 song)



拍數: 128 編數: 2 級數: Phrased High Intermediate - Latin

Disco Pop

編舞者: Sae Min (MY) & Lily Chin (MY) - November 2013

音樂: Ooh La La - Britney Spears: (Album: The Smurfs 2 OST)



Dance Starts after 36 counts.

Sequence: A, B, C, C, Tag (end @ 6:00), A (-), B, C, C, Tag (end @ 12:00), A, C, C, C, C.

A Section 1: Point, Ronde, Hook, Chasse to right, Touch, Twist 1/4 turn left, Back, Close

1-2-3 Point RF to front, Ronde RF from front to right side, Hook RF behind LF

4&5 Step RF to right side, Close LF to RF, Step RF to right side

6 Touch LF (with pressure) next to RF

7 Twist LF making 1/4 turn to the left (finishing weight on LF facing 9:00)

8& Step RF to back (weight on Ball of foot), Close LF to RF (weight on Ball of foot)

A Section 2: Fwd, Walk, Walk, Fwd Lock Step, 1/2 turn right, 1/2 turn right, Back, Lock

1-2-3 Step RF forward, Step LF forward, Step RF forward

4&5 Step LF forward, Lock RF behind LF (weight on Ball of foot), Step LF forward

Step RF forward making 1/2 turn right (facing 3:00)
 Step LF back making 1/2 turn right (facing 9:00)

8& Step RF back, Lock LF in front of RF (weight on Ball of foot)

A Section 3: Back, Ronde, Hook, Chasse 1/4 left, Fwd, 1/2 Pivot left, Walk, Walk, Close

1-2-3 Step RF back, Ronde LF from front to left side, Hook LF behind RF

4&5 Step LF to left side, Close RF to LF, Step LF forward making 1/4 turn left (6:00)

6-7 Step RF forward, Pivot 1/2 turn left (weight on LF facing 12:00)

8& Step RF forward, Step LF Forward

A Section 4: Close, Left Mambo, Right Mambo, Jump Back, Open, Left Hip, Right Hip

1-2&3 Close RF to LF, Rock LF to left side, Rock RF in place, Close LF to RF

4&5 Rock RF to right side, Rock LF in place, Close RF to LF

6-7 Jump to the back on both foot, Jump and open both foot to the side

8& Hip bump to the left, Hip bump to the right

A Section 5: Sit, Left Hip, Sit, Right Hip, Left Full Turn Vine

1-2-3-4 Move hip from right to left while dipping, Move hip from left to right while dipping

5-6 Step LF forward (pointing feet towards 9:00), Step RF forward (9:00)

7-8 1/2 Pivot left (weight on LF facing 3:00), Step RF to side making 1/4 turn left (12:00)

A Section 6: Diamond Runs - Cross, Fwd 1/8 turn left, Back, Back, Fwd 1/4 turn left, Fwd, Fwd, Back 1/4 turn left, Back, Fwd 1/4 turn left, Fwd 1/8 turn left

1-2 Cross LF over RF, Step RF forward making 1/8 turn left (facing 10:30)

3-4 Step LF back (10:30), Step RF back (10:30)

Step LF forward making 1/4 turn left (facing 7:30), Step RF forward (7:30)
Step LF forward (7:30), Step RF back making 1/4 turn left (facing 4:30)
Step LF back (4:30), Step RF forward making 1/4 turn left (facing 1:30)

A Section 7: Fwd 18 turn left, Swivel x 2, Chasse 1/2 right, Swivel x 2, 1/2 turn left, Close

1 Step LF forward making 1/8 turn left (square to 12:00)

2-3 Swivel RF forward diagonally right, Swivel LF forward diagonally left

4&5 Step RF forward making 1/2 right (towards 6:00), Close LF to RF, Step RF fwd

6-7 Swivel LF forward diagonally left, Swivel RF forward diagonally right

A Section 8: Fwd, Right Mambo, Left Mambo, Jump Back, Jump Out, Left Hip, Right Hip

1-2&3 Step LF forward (12:00), Rock RF to right side, Rock LF in place, Close RF to LF

4&5 Rock LF to left side, Rock RF in place, Close LF to RF

6-7 Jump to the back on both foot, Jump and open both foot to the side

8& Hip bump to the left, Hip bump to the right

B Section 1: Side, Close, Shoulder Bumps, Diamond Forwards x 2

1-2-3&4 Step LF to left side, Close RF to LF, Rock shoulders L-R-L

5-6 Step RF forward diagonally right, Close LF to RF (weight still on RF)
7-8 Step LF forward diagonally left, Close RF to LF (weight still on LF)

B Section 2: Side, Close, Shoulder Bumps, Diamond Backwards x 2

1-2-3&4 Step RF to right side, Close LF to RF, Rock shoulders R-L-R

5-6 Step LF backward diagonally left, Close RF to LF (weight still on LF)
 7-8 Step RF backward diagonally right, Close LF to RF (weight still on RF)

B Section 3: Side, 1/2 turn left, Hip Bumps, Diamond Forwards x 2

1-2-3&4 Step LF to left side, Step RF to side making 1/2 turn left (facing 6:00), Hip bumps R-L-R

5-6 Step LF forward diagonally left, Close RF to LF (weight still on LF)
7-8 Step RF forward diagonally right, Close LF to RF (weight still on RF)

B Section 4: 1/4 turn left, 1/8 turn left, 1/8 turn left, Close, Pose...

1 Step LF to left side making 1/4 turn left (facing 3:00)

2 Step RF forward making 1/8 turn left (facing 1:30)

3&4-5-6-7-8 Step LF forward making 1/8 turn left (facing 12:00), Close RF to LF, Pose, Hold x 4

C Section 1: Paddle x 3, Scissors

Step RF forward (facing 9:00), Recover on LF (9:00)
Step RF forward (facing 6:00), Recover on LF (6:00)
Step RF forward (facing 3:00), Recover on LF (3:00)

7&8 Step RF to side making 1/4 turn left (12:00), Close LF to RF, Cross RF over LF

C Section 2: Paddle x 3, Scissors

Step LF forward (facing 3:00), Recover on RF (3:00)
Step LF forward (facing 6:00), Recover on RF (6:00)
Step LF forward (facing 9:00), Recover on RF (9:00)

7&8 Step LF to side making 1/4 turn right (12:00), Close RF to LF, Cross LF over RF

C Section 3: Reverse Diamond Jazz Box, Side, Close, Side, Close

Step RF back making 1/4 turn left (end facing 9:00)

Step LF forward making 1/4 turn left (end facing 6:00)

Step RF back making 1/4 turn left (end facing 3:00)

Step LF forward making 1/4 turn left (end facing 12:00)

5-6-7-8 Step RF to right side, Close LF to RF, Step RF to right side, Close LF to RF

5-6-7-8 (with arm styling by extending right hand to right side)

C Section 4: Side, Sunrise Sunset Arms, Forward, Close, Side, Close

Step RF to right side while extending arms to right side

2-3-4 Move arms from right side to diagonally right - to top - to left side

5-6 Step RF forward making 1/4 turn left, Close LF to RF

7-8 Step RF to right side making 1/4 turn left (6:00), Close LF to RF

5-6-7-8 (with arm styling by extending right hand to right side)

Tag: 4 counts of 4 walks to complete 1/2 turn left ending facing back wall

A (-): Dance through Part A from Section 1 to Section 4, i.e. 32 counts of Part A

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