

# Sugar

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Gail Smith (USA) - November 2013  
音樂: Sugar - The JaneDear Girls : (Album: Jane Dear)



**INTRO: 16 Counts, Begin on Vocals**

## ROCKING CHAIR, 1/4 TURN, 1/4 TURN

- 1 - 2      Rock R fwd, recover onto L
- 3 - 4      Rock R back, recover onto R
- 5 - 6      Step R fwd, pivot 1/4 turn L (weight to L)
- 7 - 8      Step R fwd, pivot 1/4 turn L (weight to L) 6:00

## SIDE STEPS AND TOUCHES

- 1 - 2      Big step with R out to side, touch L toes next to R foot
- 3 - 4      Touch L toes out to side, touch L toes next to R foot
- 5 - 6      Big step with L out to side, touch R toes next to L foot
- 7 - 8      Touch R toes out to side, touch R toes next to L foot 6:00

## FWD, STOMP, FWD, STOMP, HEEL SWIVELS ( The Twist )

- 1 - 2      Step R fwd, stomp L next to R foot
- 3 - 4      Step R fwd, stomp L next to R foot
- 5 - 8      Swivel heels L, R, L, R ( body is angled slightly L ) 6:00

## 1/4 TURN JAZZ BOX w / TOE STRUTS ( finger snaps or claps )

- 1 - 2      Step R toes across L, step R heel down & snap or clap
- 3 - 4      Step L toes back, step L heel down & snap or clap
- 5 - 6      1/4 turn R and step R toes to side, step heel down & snap or clap
- 7 - 8      Step L toes fwd, step L heel down & snap fingers or clap 9:00

## REPEAT

\*\*\*\*\* Jazz box variation - Steps with holds and finger snaps or claps

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