

# The Story Of My Life

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Improver  
編舞者: Craig Bennett (UK) - November 2013  
音樂: Story of My Life - One Direction : (Album: Midnight Memories)



## [1-8] Side rock, Cross shuffle, Side Rock, Recover, Rock back, Recover

1, 2      Rock right to right side, Recover back onto left  
3&4      Cross right over left, Step left to left side, Cross right over left  
5, 6      Rock left to left side, Recover on to right  
7, 8      Rock back on left, Recover forward onto right

## [9-16] Side rock, Cross shuffle, Side Rock, Recover, Rock back, Recover

1, 2      Rock left to left side, Recover back onto right  
3&4      Cross left over right, Step right to right side, Cross left over right  
5, 6      Rock right to right side, Recover onto left  
7, 8      Rock back onto right, Recover forward onto left

## [17-24] Step 1/4 turn, Walk, Walk, Shuffle forward, Rock recover

1, 2      Step forward onto right, 1/4 turn pivot left (9:00)  
3, 4      Walk forward right, Walk forward left  
5&6      Step right foot forward, Step left next to right, Step forward onto right  
7, 8      Rock forward onto left, Recover back onto right

## [25-32] Back sweep, Back sweep, Behind side, Cross shuffle

1, 2      Step back onto left, Sweep right around to back  
3, 4      Step back onto right, Sweep left around to back  
5, 6      Cross left behind right, Step right to right side  
7&8      Cross left over right, Step right to right side, Cross left over right \*\*

## [33-40] Point Hold, Point Hold, Monterey 1/4 turn

1, 2      Point right to right side, Hold  
&3, 4      Step right next to left, Point left to left side, Hold  
&5, 6      Point right to right side, Make 1/4 turn right stepping right next to left (12:00)  
7, 8      Point left to left side, Touch left next to right

## [41-48] Roll to Left, Shuffle 1/4 Turn Jazz Box 1/2 Turn

1, 2      1/4 turn left onto left foot, 1/2 turn left onto right foot  
3&4      1/4 turn left onto left , 1/4 turn left bringing right next to left, step forward onto left (12:00)  
5, 6      Cross right over left, step back on left  
7, 8      Make 1/2 turn right onto right foot. Step forward left (6:00)

## [49-56] Step brush, Step brush, Right jazz box

1, 2      Step forward onto right, Brush left past right  
3, 4      Step forward onto left, Brush right past left  
5, 6      Cross right over left, Step back onto left  
7, 8      Step right to right side, Step forward onto left

## [57-64] Rock forward recover, Rock back recover, 1/2 turn, 1/4 turn

1, 2      Rock forward onto right, Recover back onto left  
3, 4      Rock back onto right, Recover forward onto left  
5, 6      Step forward onto right, Make a 1/2 turn pivort left  
7, 8      Step forward onto right, Make a 1/4 turn pivort left

**\*\*Restart dance on walls 2, 5 after count 32**

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