

How Are You Doing Today

拍數: 64 牆數: 2 級數: Improver
編舞者: Arne Stakkestad (BEL) - December 2013
音樂: How Are You Doing Today - Silver



Info: start after 32 counts intro, on lyrics

[1-8] R Side, Touch, L Side, Touch, Vine R, Touch

1-2 RF step right side, LF touch beside RF
3-4 LF step left side, RF touch beside LF
5-6 RF step right side, LF cross behind RF
7-8 RF step right side, LF touch beside RF

Cross knee while touching

[9-16] L Side, Touch, R Side, Touch, Vine L, Scuff

1-2 LF step left side, RF touch beside LF
3-4 RF step right side, LF touch beside RF
5-6 LF step left side, RF cross behind LF
7-8 LF step left side, RF scuff beside LF

Cross knee while touching

[17-24] Pivot, Pivot, Kick, Stomp, Flick, Step beside

1-2 RF step forward, ½ turn left weight on LF
3-4 RF step forward, ½ turn left weight on LF
5-6 RF kick forward, RF stomp beside LF
7-8 RF kick backward, RF step beside LF

[25-32] Pivot, Pivot, Kick, Stomp, Flick, Step beside

1-2 LF step forward, ½ turn right weight on RF
3-4 LF step forward, ½ turn right weight on RF
5-6 LF kick forward, LF stomp beside RF
7-8 LF kick backward, LF step beside RF

[33-40] Rockstep Forw, Monterey Turn, Rockstep Forw

1-2 RF rock forward, recover weight on LF
3-4 RF touch right side, ½ right RF step beside LF
5-6 LF touch left side, LF step beside RF
7-8 RF rock forward, recover weight on LF

[41-48] Rockstep Backw, Monterey Turn, Rockstep Backw

1-2 RF rock backward, recover weight on LF
3-4 RF touch right side, ½ right RF step beside LF
5-6 LF touch left side, LF step beside RF
7-8 RF rock backward, recover weight on LF

[49-56] Jazzbox ¼ R, Swivets R, L

1-2 RF cross before LF, LF step backward
3-4 ¼ right RF step right side, LF step beside RF
5-6 swivel RToe right and LHeel left (weight RHeel and LToe), return to middle
7-8 swivel LToe left and RHeel right (weight LHeel and RToe), return to middle

[57-64] Jazzbox ¼ R, Swivets R, L

1-2 RF cross before LF, LF step backward

3-4 ¼ right RF step right side, LF step beside RF
5-6 swivel RToe right and LHeel left (weight RHeel and LToe), return to middle
7-8 swivel LToe left and RHeel right (weight LHeel and RToe), return to middle

Restarts: after 40 counts (RF rock forw, recover), in the 2nd, 5th, & 8th walls, each wall that starts with "I'm A Liar"

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